



ROWAN-VIRTUA
School of
Osteopathic Medicine

Key Essentials For Optimizing Patient Care A 5-BLOCK CME SERIES

September 2023 - December 2023

EARN UP TO

25 AOA Category 1-A Credits and
25 AMA PRA Category 1 Credits™

5 AOA
Category 1-A and
5 AMA PRA
Category 1 credits™

Saturday, September 9, 2023
Live Onsite and Online

**CARDIOLOGY FOR
PRIMARY CARE**

5 AOA
Category 1-A and
5 AMA PRA
Category 1 credits™

Saturday, September 23, 2023
Live Online

PSYCHIATRY

5 AOA
Category 1-A and
5 AMA PRA
Category 1 credits™

Saturday, October 14, 2023
Live Online

GERIATRICS

5 AOA
Category 1-A and
5 AMA PRA
Category 1 credits™

Saturday, October 28, 2023
Live Online

PEDIATRICS

5 AOA
Category 1-A and
5 AMA PRA
Category 1 credits™

Saturday, December 2, 2023
Live Online

**MUSCULOSKELETAL
CONDITIONS**

EDUCATIONAL SPONSORS:



AtlantiCare



5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

CARDIOLOGY FOR PRIMARY CARE

Saturday, September 9, 2023 / 7:00AM – 1:30PM

Live Onsite and Online

Rowan College at Burlington County, 900 College Circle, Mt. Laurel

This is not a Rowan College at Burlington County Program

Sleep and the Heart	Neha Vagadia, DO
Weight Loss and Bariatric Surgery	Gaurav Sharma, MD, Adarsh Gupta, DO
Women and Heart	Hafeza Shaikh, DO
Break	
Geriatric Cardiology	Kevin Overbeck, DO
CHF Panel	Michael Hasbrouck, PharmD Tolu Agunbiade, MD Jean Davidson, DO
Break	
Lipids (New Agents)	Vasu Palli, DO
Maximizing the Impact of Tobacco Dependence and Pharmacotherapy	Frank Leone, MD
Coronary Calcium Scoring and Coronary CTA	Mark Finch, MD

5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

PSYCHIATRY

Saturday, September 23, 2023 7:30AM – 12:30PM

“Live” Online

Managing Inappropriate Requests: Develop an Efficient Strategy that does not Detract from the Doctor-Patient Relationship	Samantha Plasner, DO
Integrated Behavioral Health in Primary Care: Emerging Evidence to Optimize Outpatient Practice	Anne Jones, DO
Pain Management in Resource-Limited Acute-Care Settings and Transitions of Care to Outpatient Management	Sean Matchett, DO
Microskills: Behavioral Health Tools that can be used in Medical Visits with Patients with Mental Health and Substance Use Disorders	Angie Collistra, PhD
Common Mental/Behavioral Health Issues in the Teenage Athlete	Aimee Monahan, DO

AOA Category 1-A and 5 AMA PRA Category 1 credits™

GERIATRICS

Saturday, October 14, 2023, 7:30AM – 12:30PM

“Live” Online

Preventing Adverse Drug Events in the Elderly	Leonard Powell, DO
Current Guidelines and Treatment for Dementia with Lewy Bodies	Christian White, DO
Putting Insomnia to Bed in the Elderly	Martin Forsberg, MD
Have a Nice Trip Next Fall, Prevention and Treatment of Falls in Older Patients	Jesse Abesh, DO
Pharmacologic and Non-pharmacologic Management of Dementia	Ravnit Bhatia, DO

5 CAT 1-A and 5 AMA PRA Category 1 credits™

PEDIATRICS

Saturday, October 28, 2023, 7:30AM – 12:30PM

“Live” Online

Medical Care for the Autistic Child: Adapting Your Practice	Brittany Perry, DO
Child Abuse Essentials 2023: What You Need to Know	Laura Brennan, MD
Updates in Newborn Care	Connie Andrejko, DO
Common Pediatric Gastrointestinal Problems	Paul Ufberg, DO
Adolescents and Vaping	Lauren Faricy, MD

5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

MUSCULOSKELETAL CONDITIONS

Saturday, December 2, 2023, 7:30AM – 12:30PM

“Live” Online

Pediatric Elbow Trauma	Mike Wolf, MD
Sports Cardiology	Mario Caruso, DO
Testing for Autoimmune Disorders: Why, When, and What to Order	Linda Brecher, DO
PPE for Special Needs Athletes	Jeffrey Zlotnick, MD
OMM for the Athlete	Christopher Mulholland, DO

KEY ESSENTIALS FOR OPTIMIZING PATIENT CARE

Rowan-Virtua School of Osteopathic Medicine (Rowan-Virtua SOM) is dedicated to refining and enhancing physicians' knowledge to manage the changing needs of the healthcare system. This education-based lecture series is structured to augment physician expertise with current clinical guideline recommendations and materials, as well as up-to-date advances in medical treatments on specific topics.

In response to evaluations from previous activity participants, focused education blocks were developed to cover the following topics: Cardiology, Psychiatry, Geriatrics, Pediatrics and Musculoskeletal Conditions. Lecturing faculty were chosen based on their clinical research, thorough experience, and clinical distinction in their respective fields. This series allows a prominent group of physicians, to gather and discover convenient, current recommendations and protocols and advances in treatments in each of the chosen focus areas.

General Learning Objectives

Upon completion of this series, participants should be able to:

- Manage patients with cardiovascular disease
- Develop a strategy for managing inappropriate requests in a way that is efficient and does not detract from the doctor patient relationship
- Identify emerging literature for behavioral health integration in primary care office practices to improve access to mental health
- Explore limitations on continued pain management after discharge and identify opportunities for us to provide more effective patient care, including during transitions of care
- Apply behavioral interventions (motivational interviewing, basic counseling techniques, and Cognitive Behavioral foundations) to case examples
- Identify and treat common mental health issues seen in the adolescent athlete
- Identify risk factors for adverse drug reactions
- Describe a management approach to best treat the symptoms of Lewy Body Dementia
- Recognize the risk and benefits of treating insomnia in the elderly
- Appreciate the importance of the gait assessment in preventing falls
- Recognize when behavioral modifications are preferred over pharmaceutical approaches for management of dementia and BPSD
- Discuss strategies to promote a successful medical visit for autistic children
- Recognize signs of Child Abuse
- Recognize the changes to bilirubin management in the updated AAP guidelines
- Identify pediatric gastrointestinal problems
- Recognize the signs of nicotine dependence and withdrawal
- Describe the ossification and fusion of the elbow ossification centers
- Recognize basic exercise terminology
- Recognize clinical signs and symptoms suggestive of autoimmune inflammatory disorders
- Discuss screening for pre-participation examinations for special needs athletes
- Expand away from the area of pain and look along the full kinetic chain for mechanical deficits as a precursor to overuse injuries

PLEASE NOTE that the dates for the current AOA CME cycle started January 1, 2022 and end December 31, 2024.

Join us for our

3-DAY CME CONFERENCE
at Kalahari Resorts,
November 16-18, 2023

***CME credits available and a
Family Friendly Friday Evening Event***

For more information, please visit:
rowan.edu/som/cme



AOA ACCREDITATION AND DESIGNATION STATEMENTS:

Rowan-Virtua School of Osteopathic Medicine (Rowan-Virtua SOM) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians.

Rowan-Virtua School of Osteopathic Medicine designates each live activity below for a maximum of 5 Category 1-A credits and will report CME commensurate with the extent of the physician's participation in this activity.

- 5 AOA Category 1-A CME Credits for Cardiology for Primary Care
- 5 AOA Category 1-A CME Credits for Psychiatry
- 5 AOA Category 1-A CME Credits for Geriatrics
- 5 AOA Category 1-A CME Credits for Pediatrics
- 5 AOA Category 1-A CME Credits for Musculoskeletal Conditions

ACCME ACCREDITATION AND DESIGNATION STATEMENTS:

Rowan-Virtua School of Osteopathic Medicine (Rowan-Virtua SOM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Rowan-Virtua SOM designates each live activity for the amount of *AMA PRA Category 1 Credit™* listed below. Physicians should claim credit commensurate with the extent of their participation in the activity.

- 5 *AMA PRA Category 1 Credits™* for Cardiology for Primary Care
- 5 *AMA PRA Category 1 Credits™* for Psychiatry
- 5 *AMA PRA Category 1 Credits™* for Geriatrics
- 5 *AMA PRA Category 1 Credits™* for Pediatrics
- 5 *AMA PRA Category 1 Credits™* for Musculoskeletal Conditions

METHOD OF PARTICIPATION:

For successful completion of activities and subsequent awarding of credits, individuals are required to participate in the activity and complete an attestation form, as well as an outcome and an evaluation form.

DISCLAIMER:

It is the policy of Rowan-Virtua SOM that the information presented at CME activities will be unbiased and based on scientific evidence. Any views expressed in these activities are presented for educational purposes only. The views expressed are those of the faculty. It should not be inferred or assumed that they are expressing the views of any manufacturer of pharmaceuticals and/or medical devices, or Rowan-Virtua SOM.

This course is supported in part by educational sponsorship in accordance with AOA and ACCME standards.

PLANNING COMMITTEE AND FACULTY

PROGRAM DIRECTORS

Joshua S. Coren, DO, MBA, FACOPF

Senior Associate Dean of Clinical Affairs
Professor, Department of Family Medicine
Director of Continuing Medical Education
Rowan-Virtua SOM

Danielle Cooley, DO, FACOPF

Chair, Osteopathic Manipulative Medicine (OMM)/
Neuromusculoskeletal Institute (NMI)
Associate Professor, Family Medicine and OMM
Medical Director, Rowan Family Medicine, Mt. Laurel
Rowan-Virtua SOM

Meagan Vermeulen, MD, FAAFP

Founding Program Director, Inspira Family Medicine
Residency Program, Mullica Hill
Medical Director, Rowan Family Medicine, Sewell
Associate Professor, Department of Family Medicine,
Rowan-Virtua SOM

Kanad Mukherjee, DO, MPH, CAQSM

Assistant Professor, Family Medicine
Lead On-Site Physician, Rowan-Virtua SOM
Vaccine Clinic: Project Save Lives, Rowan-Virtua SOM

PROGRAM COORDINATOR

Tara Shontz Program Coordinator, Continuing
Medical Education, Rowan-Virtua SOM

Cardiology Planning Committee: Tolu Agunbiade,
MD, FACC; Kelly Broome; Peter Bulik, DO;
Joshua Coren, DO, MBA, FACOPF; Carol Lynn Daly;
Kristofer Hillegas, DO; Troy Randle, DO, MBA;
Tara Shontz; Vincent Spagnuolo, MD, FACC;
Casandra Williams

CONTENT REVIEWERS

Danielle Cooley, DO, FACOPF, Chair, Osteopathic

Manipulative Medicine (OMM)/Neuromusculoskeletal
Institute (NMI) Associate Professor, Family Medicine
and OMM Medical Director, Rowan Family Medicine, Mt.
Laurel Rowan-Virtua SOM

Kanad Mukherjee, DO, MPH, CAQSM, Assistant
Professor, Family Medicine, Lead On-Site Physician,
Rowan-Virtua SOM Vaccine Clinic: Project Save Lives,
Rowan-Virtua SOM

Meagan Vermeulen, MD, FAAFP, Founding Program
Director, Inspira Family Medicine Residency Program,
Mullica Hill, Medical Director, Rowan Family Medicine,
Sewell Associate Professor, Department of Family
Medicine, Rowan-Virtua SOM

MODERATORS

Alexander King, DO, Assistant Professor,
OMM Department, Rowan-Virtua SOM

Kanad Mukherjee, DO, MPH, FACOPF, Assistant
Professor, Family Medicine, Lead On-Site Physician,
Rowan-Virtua SOM Vaccine Clinic: Project Save Lives
Rowan-Virtua SOM

Aubrey Olson, DO, MSed, Chair, Student
Academic Progress Committee, Assistant Professor,
Family Medicine Adjunct Professor, Osteopathic
Medicine, Rowan-Virtua SOM

Joanna Petrides, MBS, PsyD Licensed Clinical
Psychologist, Associate Professor, Department of
Family Medicine, Resident Research Director,
Department of Family Medicine, Chair, Rowan-
Virtua SOM Wellness Committee, Assistant Professor,
Department of Psychology, Rowan-Virtua SOM

Troy Randle, DO, MBA Clinical Cardiologist,
Virtua Health, Clinical Associate Professor,
Rowan-Virtua SOM

PROGRAM FACULTY (in alpha order)

Jesse Abesh, DO

NJ Institute for Successful Aging
Rowan-Virtua SOM

Tolu Agunbiade, MD, FACC

Medical Director Advanced Heart Failure, Virtua Health
Department of Clinical Cardiology

Connie Andrejko, DO, MSHQS, CPE, FAAP

Chief Medical Officer
Onsite Neonatal Partners

Ravnit Bhatia, DO

Geriatric Medicine Fellow, Department of Medicine
Stanford University Healthcare

Linda Brecher, DO, FACOI, FACR

Division Chief of Rheumatology
Department of Internal Medicine
Rowan-Virtua SOM

Laura Brennan, MD

Assistant Professor, Pediatrics
CARES Institute
Rowan-Virtua SOM

Mario Caruso, DO

Director, Cooper Sports and Exercise
Cardiology Program, Assistant Professor of Medicine
Cooper University Hospital

Angie Collistra, PhD, LPC, CAADC, CCS

Founder and CEO, Aligned Ventures LLC
Director of Behavioral Sciences,
Associate Medical Director
Lehigh Valley Health Network

Jean Davidson, DO

Medical Director, Endocrinology, Virtua Health
Department of Endocrinology

Lauren Faricy, MD, FAAP

University of Vermont Larner College of Medicine
Assistant Professor of Pediatrics
Division of Pediatric Pulmonary

Mark Finch, MD

Director of Advanced Cardiac Imaging, Virtua Health
Department of Clinical Cardiology

Martin Forsberg, MD

Associate Professor, Geriatrics
Rowan-Virtua SOM

Adarsh Gupta, DO, MS, FACP

Professor, Family Medicine, Rowan-Virtua SOM
Medical Director, Valley Forge Weight
Management Center

Michael Hasbrouck, PharmD, BCCCP

Clinical Pharmacist, Virtua Health
Department of Critical Care Medicine

Anne Jones, DO, MPH

Assistant Professor, Family Medicine
Attending Faculty Physician, Rowan FM Sewell
Rowan-Virtua SOM

Frank Leone, MD

Professor of Medicine, Pulmonary
Allergy and Critical Care, University of Pennsylvania

Sean Matchett, DO

Attending Hospitalist, Cooper University Hospital
Inspira Mullica Hill

Aimee Monahan, DO

Sports Medicine and Primary Care
Penn Medicine

Christopher Mulholland, DO

PVH Institute
Primary Care / Sports Medicine Practice

Kevin Overbeck, DO

Chair, Geriatrics and Gerontology
Director, NJ Institute of Successful Aging
Rowan-Virtua SOM

Vasu Palli, DO

Clinical Cardiologist, Virtua Health
Assistant Professor, Rowan-Virtua SOM

Brittany Perry, DO

Clinical Assistant Professor
Nemours Children's Health

Samantha Plasner, DO

Associate Professor, Family Medicine
Rowan-Virtua SOM

Lenny Powell, DO, MS, FACP, CMD

Associate Professor of Medicine
Departments of Geriatrics and Gerontology / OMM
Rowan-Virtua SOM

Hafeza Shaikh, DO, MBA

Clinical Cardiologist, Virtua Health
Assistant Professor, Rowan-Virtua SOM Medicine

Gaurav Sharma, MD

Department of General Surgery
Division of Bariatric Surgery, Virtua Health

Paul Ufberg, DO, MBA

Pediatric Gastroenterologist

Neha Vagadia, DO

Clinical Pulmonologist, Virtua Health
Department of Pulmonology & Sleep Medicine

Christian White, DO

Geriatric Psychiatrist, NJ for Successful Aging
Rowan-Virtua SOM

Mike Wolf, MD, CAQSM

Attending, Pediatric Sports Medicine,
Division of Orthopedics, St. Christopher's
Pediatrics Associates Assistant Professor,
Orthopaedic Surgery and Pediatrics,
Drexel University College of Medicine

Jeffrey Zlotnick, MD, DABFP, FAAF

Family Medicine / Sports Medicine
Rowan-Virtua SOM

REGISTRATION FORM

METHODS OF PAYMENT:

Register Online by Credit Card at:
go.rowan.edu/cme

By Check, Make Payment To:

Rowan-Virtua School of Osteopathic Medicine
Continuing Medical Education, Attention: Tara Shontz
University Educational Center
40 E. Laurel Road, Suite 2105, Room 2128
Stratford, NJ 08084

Cancellation Policy: 50% of your registration fee will be refunded if requested in writing two weeks before each event.

FULL SERIES - REGISTRATION:

Series Price: \$495 before 8/1/23, \$595 after 8/1/23, \$695 after 9/1/23

ONSITE ONLINE

_____	_____	Cardiology, September 9, 2023
N/A	_____	Psychiatry, September 23, 2023
N/A	_____	Geriatrics, October 14, 2023
N/A	_____	Pediatrics, October 28, 2023
N/A	_____	Musculoskeletal Conditions, December 2, 2023

INDIVIDUAL EVENT REGISTRATION:

Individual Price: All \$149.

ONSITE ONLINE

_____	_____	Cardiology for Primary Care, September 9, 2023
N/A	_____	Psychiatry, September 23, 2023
N/A	_____	Geriatrics, October 14, 2023
N/A	_____	Pediatrics, October 28, 2023
N/A	_____	Musculoskeletal Conditions, December 2, 2023

NAME _____

DEGREE _____ AOA NUMBER _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____

**For more information, please contact the CME Department at
856-566-6358 or by email at: cme@rowan.edu**



ROWAN-VIRTUA
School of
Osteopathic Medicine

Continuing Medical Education
University Educational Center
Suite 2105, Room 2128
40 E. Laurel Rd.
PO Box 1011
Stratford, NJ 08084