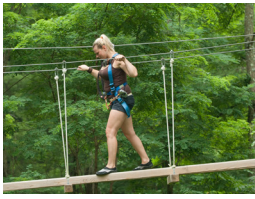




ROWAN-VIRTUA  
School of  
Osteopathic Medicine



# 3-DAY CONTINUING MEDICAL EDUCATION CONFERENCE



**NOVEMBER 19 - 21, 2026**

**KALAHARI RESORT &  
CONVENTION CENTER**  
Pocono Manor, PA

Up to 15 AOA Category 1-A CME Credits  
Up to 15 AMA PRA Category 1 CME Credits™



## OVERVIEW

Rowan-Virtua School of Osteopathic Medicine is dedicated to refining and enhancing knowledge to manage the changing needs of the health care system. These evidence-based lectures are structured to augment the health care professional's expertise with current guidelines, materials and recommendations, as well as up-to-date advances in medical treatment on specific topics.

## LEARNING OBJECTIVES

As a result of participation in this activity, members of the interprofessional health care team will improve their ability to:

- Identify the key musculoskeletal finds and somatic dysfunctions in pregnant patients and those with pelvic disorders
- Deliver recommendations for navigating the environment of preventive screening and immunizations in the current changing geopolitical healthcare and health policy landscape
- Review initial lab workup for perimenopause
- Implement a comprehensive, interprofessional controlled substance management plan integrating Prescription Drug Monitoring Program data, compliance guidelines, and risk-mitigation strategies.
- Evaluate the shoulder complex integrating osteopathic structural diagnosis with biomechanical function
- Apply principles of interprofessional care to the management of older adults with common geriatric presentations such as mobility impairment, arthritis, dysphagia, and dementia
- Apply collaborative, team-based approaches to the development of treatment protocols for cardiovascular disease in older adults
- Recognize the core features of Dementia with Lewy Bodies (DLB) and best management approach
- Define ageism and discuss its impact on the health and wellness of older adults
- Learn how to integrate OMM with acupuncture to reduce pain, balance the autonomic nervous system, and improve functional mobility
- Strengthen collaborative approaches to delivering comprehensive, team-based primary care services across diverse practice settings.
- Integrate team-based approaches into the recognition and management of common clinical presentations across outpatient and community care settings
- Promote evidence-based, interprofessional strategies to support adolescent preventive care, screening, and early identification of health concerns.
- Explore emerging diagnostic and point-of-care technologies that improve clinical decision-making, patient outcomes, and workflow efficiency across healthcare teams



## TARGET AUDIENCE

This continuing medical education program is designed to meet the educational needs of physicians, osteopathic physicians, nurses including APRNs, physician associates (PAs) and other health care professionals who provide care to patients in a general practice environment.

### ROWAN-VIRTUA SCHOOL OF OSTEOPATHIC MEDICINE COMMITTEE

**Joshua S. Coren, DO, MBA, FACFP**

Vice Dean of Clinical Affairs  
Professor, Department of Family Medicine  
Director of Continuing Medical Education

**Kanad Mukherjee, DO, MPH, CAQSM**

Associate Professor, Family Medicine

**Danielle Cooley, DO, FACFP**

Professor, OMM and Family Medicine  
Medical Director, Rowan Family Medicine, Mt. Laurel

**Lenny Powell, DO, MS, FACFP,**

**FNAOME, CMD, AGSF**  
Associate Professor of Medicine  
New Jersey Institute for Successful Aging (NJISA)

**Margarita David, DNP, BA, RN, CHSE, PCCN, NCSN**

Founding Director of Interprofessional Education

**Tiffany Eben, MS, PA-C**

Director of Clinical Education, PA Program

## SCHEDULES

### Thursday, November 19, 2026

11:00	<b>REGISTRATION</b> African Ballroom
11:25	<b>INTRODUCTION</b> Joshua Coren, DO, MBA
11:30	<b>INTEGRATING OMT INTO THE CARE OF PREGNANT PATIENTS AND WOMEN WITH PELVIC DISORDERS</b> Danielle Cooley, DO
12:30	<b>THE EVOLVING IMMUNIZATION CONVERSATIONS: BEST PRACTICES FOR RECOMMENDING VACCINES IN A DISTRUSTFUL ERA</b> Anne Jones, DO
1:30	<b>HEY DOC, I SAW THIS VIDEO ON TIK TOK: MANAGING THE RECENT SOCIAL MEDIA TRENDS FROM A PRIMARY CARE PERSPECTIVE</b> Jennifer Sepede, DO
2:30	<b>BEST PRACTICES IN CONTROLLED SUBSTANCE PRESCRIBING: SAFETY, COMPLIANCE, AND CLINICAL RESPONSIBILITY</b> James Bailey, DO
3:30	<b>SHOULDER BIOMECHANICS THROUGH AN OSTEOPATHIC LENS: INTEGRATING STRUCTURE AND FUNCTION</b> Chanakya Bavishi, DO

### Friday, November 20, 2026

7:00	<b>BREAKFAST BUFFET</b> African Ballroom
7:30	<b>COMMON PRESENTATIONS OF OLDER ADULTS</b> Lenny Powell, DO
8:30	<b>STAY YOUNGER LONGER: CARDIOVASCULAR HEALTH AS THE ENGINE OF SUCCESSFUL AGING</b> Kevin Overbeck, DO
9:30	<b>APPROACH TO DEMENTIA WITH LEWY BODY MANAGEMENT</b> Christian White, DO
10:30	<b>AGEISM AND HEALTH DISPARITIES AMONG OLDER ADULTS</b> Margaret Heller, DO
11:30	<b>OMM + ACUPUNCTURE = ENHANCED AGING</b> Alexander King, DO
7:00 – 9:00	<b>FAMILY FRIENDLY EVENT</b> Face painter, balloon artist, games, crafts, hors d'oeuvres, cash bar Located in River Rooms



### Saturday, November 21, 2026

7:00	<b>BREAKFAST BUFFET</b> African Ballroom
7:30	<b>ADVANCED PRIMARY CARE MANAGEMENT SERVICES</b> Alison Mancuso, DO
8:30	<b>FROM FIRST LOOK TO FIRST TREATMENT: RASHES IN PRIMARY CARE</b> Rebecca Moore, DO
9:30	<b>ADOLESCENT MENTAL HEALTH MANAGEMENT IN A GENERAL PEDIATRIC OFFICE</b> Clare Stephens, DO
10:30	<b>BASICS OF ULTRASOUND</b> Nils Brolis, DO Kathleen Deiling, RDMS and Kanad Mukherjee, DO, MPH



## ACCREDITATION STATEMENTS

Rowan-Virtua School of Osteopathic Medicine is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians.

Rowan-Virtua School of Osteopathic Medicine designates this activity for a maximum of 15 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Rowan-Virtua School of Osteopathic Medicine (Rowan-Virtua SOM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Rowan-Virtua SOM designates this live activity for a maximum of 15 AMA PRA Category 1 Credits™. Physicians should claim credit commensurate with the extent of their participation.

## DISCLOSURE

Rowan-Virtua School of Osteopathic Medicine requires planners, moderators, speakers and other individuals who are in a position to control the content of this activity to disclose all financial relationships with ineligible companies. All relevant relationships are mitigated.

## DISCLAIMER

It is the policy of Rowan-Virtua SOM that the information presented at CME activities will be unbiased and based on scientific evidence. This activity is being presented for educational purposes only. The views expressed in this activity are those of the faculty. It should not be inferred or assumed that they are expressing the views of any manufacturer of pharmaceuticals and/or medical devices, or Rowan-Virtua School of Osteopathic Medicine.

## OBTAINING YOUR CME CERTIFICATE

An attestation, outcome and evaluation can be completed by paper or using the online link. To receive a CME certificate, you must complete an attestation, outcome and evaluation. You will receive a CME certificate by email two weeks after the event.

# Questions?

Call: 856-566-6358

Email: [cme@rowan.edu](mailto:cme@rowan.edu)

# Kalahari



## HOTEL INFORMATION

[kalahariresorts.com/pennsylvania](http://kalahariresorts.com/pennsylvania)

Kalahari Resorts & Conventions in the Poconos Mountains is a full service vacation destination offering:

- **America's Largest Indoor Waterpark**
- Adventurous restaurants
- Luxury spas
- Family entertainment center
- Fitness center
- Complimentary wi-fi

## ACCOMMODATIONS

### Kalahari Resort & Convention Center

250 Kalahari Boulevard  
Pocono Manor, PA 18349  
Hotel Direct: 1-877-Kalahari (525-2427)

#### Standard Room Rates

Wed/Thu - \$199 per night (plus taxes)

Fri/Sat - \$249 per night (plus taxes)

4 Water Park Wristbands included in the room charge per night.

*Limited number of suites available at discounted rates, use the link below to reserve.*

Reservations - Online at:

**[book.passkey.com/e/51241276](http://book.passkey.com/e/51241276)**

Press continue and follow on screen instructions.

#### OR

Please contact Kalahari Resorts at 1-877-Kalahari (525-2427). Rooms are held under the "Rowan-Virtua School of Osteopathic Medicine" room block.

For upgrade information and pricing, please contact Kalahari direct and mention the "Rowan-Virtua School of Osteopathic Medicine" conference to be added to the block and have resort fees waived

#### GROUP RATE CUT-OFF DATE: OCTOBER 18, 2026

Reservations following this date will be taken based on availability. Room charges will not be discounted and will include resort fees after this date.

To confirm a guest room within the room block, the guest room must be secured with a valid credit card by the guest attending the event, along with the first night's deposit.

Cancellations must be made 72 hours or more prior to arrival to receive a full refund less \$30 processing fee. Cancellations less than 72 hours prior to arrival will forfeit the entire deposit.



# CONFERENCE REGISTRATION

REGISTER ON-LINE BY CREDIT CARD AT: [rowan.edu/som/cme](http://rowan.edu/som/cme)

## OR BY CHECK, MADE PAYABLE TO:

Rowan-Virtua School of Osteopathic Medicine  
Continuing Medical Education, Attention: Tara Shontz  
42 East Laurel Road, Suite 1200  
Stratford, NJ 08084

REGISTRATION FEE	BEFORE 8/31/26	AFTER 8/31/26	DAY OF EVENT 11/19/26
<b>3-Day CME Conference</b>	\$595 <small>(Use promo code KH2026)</small>	\$695 <small>(Use promo code KH2026A)</small>	\$795

Name: \_\_\_\_\_

Degree: \_\_\_\_\_ AOA Number: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Contact Number: \_\_\_\_\_ Email: \_\_\_\_\_

Specialty: \_\_\_\_\_

An email will be sent a week before the event with the information to participate. For more information, please contact the CME Office at [cme@rowan.edu](mailto:cme@rowan.edu) or (856) 566-6358.

### Event Participation

OnSite \_\_\_\_\_ OnLine \_\_\_\_\_

### Friday Evening Family Event Participation

Yes \_\_\_\_\_ # of Adults \_\_\_\_\_ # of Children \_\_\_\_\_

No \_\_\_\_\_

**CME Registration Cancellation Policy:** Cancellations for the CME registration fee must be made in writing to the Continuing Medical Education Office. Fifty percent of your registration fee will be refunded if requested in writing by September 30, 2026. Registration is non-transferrable.

## SEE OUR OTHER CME EVENTS AT

Rowan-Virtua School of Osteopathic Medicine.

For more information please visit [go.rowan.edu/cme](http://go.rowan.edu/cme)



**ROWAN-VIRTUA**  
**School of**  
**Osteopathic Medicine**

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