



ROWAN-VIRTUA
School of
Osteopathic Medicine

July 2, 2026

Dear Rowan-Virtua SOM Class of 2030:

In just 11 days, you will officially start your medical school journey at Rowan-Virtua School of Osteopathic Medicine! We are so happy for you and want to wish the best as you begin this important phase of your career.

As a reminder, Orientation Week unofficially begins Friday, July 10th with programming that includes a student services fair and early laptop pick-up. The official, mandatory programming for Orientation Week will begin **Monday, July 13th**.

All members of the class of 2030 are required to participate in the Orientation week programs.

The full schedule of programming, including in-person, online and live Webex programs has been added to the Orientation website: <http://go.rowan.edu/SOMorientation>.

Orientation Website

We kindly ask that you review this website carefully, as there are items that will need to be completed in advance of Orientation Week, as well as a variety of valuable resources to prepare you for the upcoming semester. Please be sure to pay close attention to deadline dates. As a note, this website will be updated regularly with additional information, so it is important to check the website frequently!

As of this writing, you should have completed or in the process of completing the following items:

- √ **Completed all Student Health Requirements, per Dr. Schachter**
- √ **Completed all Admissions requirements, per Dean Watkins**
- √ **Submit Your Video Introduction – *Last day to submit a video is Sunday, July 5!***
- √ **Complete the “Dietary Restrictions and Food Allergies” Survey**
- √ **Register for BLS Course**
- √ **Complete the Student Contact Information Form**
- √ **Complete the Student Financial Responsibility Agreement Form**
- √ **Complete the “Big/Little” surveys for your curriculum track only (PBL or SGL)**
- √ **Review the Bursar Office and Financial Aid Information**
- √ **Complete Public Safety Identification Photo Upload**
- √ **Complete Required Student Attestation Survey (Handbook and Code of Conduct) – *Coming Soon!***
- √ **Register for an Annual Parking Permit**

Please note the following items will be due following Orientation Week:

- √ **Complete Student Compliance Training – DUE AUGUST 31 – *Coming Soon!***
- √ **Complete Student Health Insurance Waiver and Enrollment (see instruction in this letter) – DUE SEPTEMBER 21**

School of Osteopathic Medicine
Student Affairs & Alumni Engagement
University Educational Center, Suite 2105
40 East Laurel Road, PO Box 1011, Stratford, NJ 08084
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Required Online Modules

During Orientation Week, students will be asked to complete a variety of required online modules. These presentations will be posted on the evening of July 13th and must be completed by the end of the day on July 15th. You will be able to access the online modules on the Orientation website under the tab **Online Modules-Complete by July 15**.

Academic Schedule

Please refer to One45 for your class schedule, grades, and evaluations. The One45 link can be found on the Orientation website and additional training for using this platform will be covered during Orientation Week. All course materials and echo links, etc. will be posted in Canvas.

Student Health Insurance Program

All Rowan-Virtua SOM students are **required to have active health insurance, accepted in NJ**, and therefore must waive or enroll in the student health insurance plan. If you have health insurance through another insurer and seek to waive participation in this coverage, you must complete the online waiver form by **September 21, 2026**.

Completing this process of waiving or enrolling in insurance is an annual requirement for all SOM students.

TO WAIVE OR ENROLL IN AETNA STUDENT HEALTH:

1. Go to [Waiver](#) or [Enrollment](#)
2. Enter your Date of Birth and Student ID
3. Click on "Continue"

The university plan is Aetna Student Health, and you may view the **Summary of Benefits and Coverage** under **Benefit Information** on the [University Health Plans website](#).

Some highlights of the Aetna Student Health plan include:

- Premium \$5,988
- Coverage period: July 15, 2026-July 14, 2027
- PPO Plan - No referrals
- \$350 in-network deductible
- In-network urgent care centers – \$40 copayment for urgent visits, non-urgent visits are not covered
- In-network wellness and preventative care – covered at 100%
- In-network Primary Care office visits - \$30 copay
- In-network prescription drug coverage (Annual \$250 RX deductible)

Please note that you will be required to provide information regarding your plan. **Have your insurance card in front of you** when completing the waiver. Once you have completed the waiver you will receive an email from University Health Plans providing you with a confirmation number. Please keep this confirmation for your records. **The health insurance fee will be removed from your bill within 10 business days. If you already paid this premium, it will be refunded by the Bursar's Office.**

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Please note, waiver submissions will be reviewed by University Health Plans. If University Health Plans is unable to verify your insurance coverage is active, Rowan University will enroll you in the Aetna Student Health plan and your account will be billed accordingly.

Visit this website for [Frequently Asked Questions](#) about the Student Health Insurance Program.

Big/Little Match Program

All first-year students are expected to participate in the Big/Little Match Program. First year students will be paired with a second-year student during Orientation Week. To facilitate the pairings, please complete the Big/Little survey for your curriculum track no later than July 5th. You can access the surveys on the Orientation website under the tab **Due by July 5**.

We will be hosting a **Big/Little Meet-Up on Tuesday, July 21st at 5 pm on the green outside of the Academic Center in Stratford**. We strongly encourage you to join your “Big” for some lawn games, music, ice cream, and more! Big/Little Match assignments and additional opportunities to meet and connect with your “Big” will follow in your university email during Orientation Week.

We are excited about having you join the Rowan-Virtua SOM family, and we look forward to meeting you during Orientation Week. If you have any questions about Orientation Week, please contact Brittany Quintana, Associate Director of Student and Alumni Programs, at quinta02@rowan.edu.

Best Regards,

A handwritten signature in black ink that reads "Dean Micciche".

Dean A. Micciche, MPA
Assistant Dean for Student Programs & Alumni Engagement