



ROWAN-VIRTUA
School of
Osteopathic Medicine



Key Essentials For Optimizing Patient Care

A 5-Block CME Series

LIVE ONLINE! September 2025 – December 2025

Earn up to 25.5 AOA Category 1-A Credits and 25.5 AMA PRA Category 1 Credits™



PSYCHIATRY

Saturday, September 6, 2025

Live Online

5 AOA Category 1-A and

5 AMA PRA Category 1 credits™

GERIATRICS

Saturday, September 13, 2025

Live Online

5 AOA Category 1-A and

5 AMA PRA Category 1 credits™

CARDIOLOGY FOR PRIMARY CARE

Saturday, October 4, 2025

Live Online

5.5 AOA Category 1-A and

5.5 AMA PRA Category 1 credits™

PEDIATRICS AND WOMEN'S HEALTH

Saturday, October 18, 2025

Live Online

5 AOA Category 1-A and

5 AMA PRA Category 1 credits™

VASCULAR SURGERY & MUSCULOSKELETAL CONDITIONS

Saturday, December 6, 2025

Live Online

5 AOA Category 1-A and

5 AMA PRA Category 1 credits™



OVERVIEW

Rowan-Virtua School of Osteopathic Medicine is dedicated to refining and enhancing physicians' knowledge to manage the changing needs of the healthcare system. This education-based lecture series is structured to augment physician expertise with current clinical guideline recommendations and materials, as well as up-to-date advances in medical treatments on specific topics.

In response to evaluations from previous activity participants, focused education blocks were developed to cover the following topics: Psychiatry, Geriatrics, Cardiology, Pediatrics, Women's Health, Vascular Surgery and Musculoskeletal Conditions. Lecturing faculty were chosen based on their clinical research, thorough experience, and clinical distinction in their respective fields. This series allows a prominent group of physicians to gather and discover convenient, current recommendations and protocols and advances in treatments in each of the chosen focus areas.

GENERAL LEARNING OBJECTIVES

As a result of participation in this activity, members of the interprofessional team will improve their ability to:

- Collaboratively review the role of medication-assisted treatment (MAT) in the management of opioid use disorder (OUD), alcohol use disorder (AUD) and treatments for stimulant use disorder, including their mechanisms of action, indications, contraindications, and comparative
- Identify three psychotherapeutic/psychiatric techniques that a healthcare team may utilize for treatment of chronic pain conditions
- Review components of a team-based approach on how to educate patients on taking medications when indicated in the perinatal period
- Identify evidence-based techniques for how the health care team can approach youth who are unwilling to invest in treatment
- Identify and assess the different types of eating disorders in an out-patient setting
- Collaboratively identify and screen older adults for Substance Use Disorder
- Health care professionals will be able to recognize the complexity and considerations in caring for the elderly during urgent care visits to ensure safe effective patient-centered care and identify the importance of prognostication in clinical-decision making for older adults
- Construct a goals-of-care conversation in patients with advance disease and life limiting illness by integrating perspectives from members of the health care team
- Identify the 5 Ms of an Age-Friendly Health System
- Manage patients with cardiovascular disease
- Address episodes of pediatric syncope to promote team work amongst the health care team and accelerated treatment for these children to improve health outcomes.
- Improve interprofessional communication about signs of perimenopausal symptoms so that all members of the health care team will be able to quickly identify presenting symptoms and treatment plans, resulting in better management
- Identify the specific health care needs of children with military parents as they are often moving frequently and do not have the same medical providers for long periods of time; the ability of residents, nurses, and physicians to recognize the common, unique issues of this population will result in quicker care interventions and medical outcomes for them
- Clearly define roles when providing care to patients with musculoskeletal injuries at sporting events and/or other activities
- Collaboratively assess and identify indicators of underlying lower extremity pain that may represent a true medical emergency
- Use best practices for interprofessional communication to ensure ultrasound is used when appropriate
- Review pathophysiology, diagnosis and treatment of thoracic outlet syndrome including robotic, open and endovascular treatments

TARGET AUDIENCE

This continuing medical education program is designed to meet the educational needs of physicians, osteopathic physicians, and other health care professionals who provide care to patients in a general practice environment.

ROWAN-VIRTUA SOM FACULTY PROGRAM DIRECTORS

Joshua S. Coren, DO, MBA, FACOPF

Vice Dean of Clinical Affairs
Professor, Department of Family Medicine
Director of Continuing Medical Education

Danielle Cooley, DO, FACOPF

Interim Campus Associate Dean, Sewell Campus
Chair, Osteopathic Manipulative Medicine (OMM)/Neuromusculoskeletal Institute (NMI)
Professor, Family Medicine and OMM
Medical Director, Rowan Family Medicine, Mt. Laurel

Kanad Mukherjee, DO, MPH, CAQSM

Sports Medicine/Family Medicine
Associate Professor, Family Medicine
Medical Director, Washington Township Office
Core Faculty, Rowan-Virtua SOM Family Medicine Residency

Leonard Powell, DO, MS, FACOPF, FNAOME, CMD, AGSF

Associate Professor of Medicine
New Jersey Institute of Successful Aging

Christie Richardson, DO

Assistant Professor, Psychiatry

Alissa Brotman, DO, RPVI, FACOS

Chair, Department of Surgery

Cardiology Planning Committee: Troy Randle, DO, MBA; Carol Lynn Daly; Casandra Williams; Kelly Broome; Tara Shontz

SATURDAY SCHEDULES



PSYCHIATRY - Virtual Live

Saturday, September 6, 2025

7:30AM – 12:30PM

5 AOA Category 1-A and

5 AMA PRA Category 1 credits™

7:25	Introduction/Moderator Christie Richardson, DO
7:30	Medication Assisted Therapy for Substance Use Disorders Andrew Hogrogian, MD
8:30	Psychiatric Considerations in Treatment of Chronic Pain Emily Loscalzo, PsyD
9:30	Principles of Psychiatric Medications during Pregnancy and Lactation Rachel Shmuts, DO
10:30	Rule #1 Know Your Audience: The Importance and Value of Rapport Building with Youth Stephen Mateka, DO
11:30	Eating Disorders: Principles and Updates Shilpi Pandeya, DO , MBS

SATURDAY SCHEDULES



GERIATRICS - Virtual Live **Saturday, September 13, 2025** **7:30AM - 12:30PM**

5 AOA Category 1-A and
5 AMA PRA Category 1 credits™

7:25	Introduction/Moderator Leonard Powell, DO
7:30	Chronic Pain and Substance Abuse Treatment in Older Adults James Bailey, DO
8:30	Presentations and Considerations of Elder Care During Urgent Care Visits Chad Richmond, DO
9:30	Prognostication in Older Adults Lynn Wilson, DO
10:30	Goals of Care and Advance Care Planning Paul Bryman, DO
11:30	Identify the 5 Ms of an Age-Friendly Health System Leonard Powell, DO



CARDIOLOGY - Virtual Live **Saturday, October 4, 2025** **7:30AM - 1:00PM**

5.5 AOA Category 1-A and
5.5 AMA PRA Category 1 credits™

7:25	Introduction/Moderator Troy Randle, DO
7:30	Geriatric Medicine Kevin Overbeck, DO
8:30	Advances in Hypertension Treatment Kimberly Hagen, PA
9:15	Aortic Disease: What PCPs Should Know Eden Payabyab, MD
10:00	Evaluation and Treatment of the Female Cardiac Patient Nikhita Kothari, DO
10:45	Achieving Health Equity in the Cardiovascular Population Troy Randle, DO
11:30	Cardiac Manifestations of Rheumatologic Conditions Humaira Khan, MD
12:00	The Cardiac - Pulmonary Interface Jonathan Galli, MD
12:45	Q & A Session TBD

SATURDAY SCHEDULES



PEDIATRICS & WOMEN'S HEALTH - Virtual Live Saturday, October 18, 2025, 7:30AM - 12:30PM 5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

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|--------------|---|
| 7:25 | Introduction/Moderator
Aubrey Olson, DO |
| 7:30 | The Vagina Monologues: The Later Years (and They're Not a Play)
Mary Ann Yehl, DO, MBA |
| 8:30 | Updates in Breast Cancer Screening and Risk Reduction
William Weeks, DO |
| 9:30 | Red Flag Signs of Syncope: When Fainting is not Vasovagal
Aarti Dalal, DO |
| 10:30 | Addressing the Unique Healthcare Needs of Military Children
Ryan Mascio, DO |
| 11:30 | Pelvic Organ Prolapse and Urinary Incontinence: Diagnosis, Impact, and Treatment
Alexander Nutaitis, DO |



VASCULAR SURGERY & MUSCULO-SKELETAL CONDITIONS - Virtual Live Saturday, December 6, 2025, 7:30AM - 12:30PM 5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

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|--------------|--|
| 7:25 | Introduction/Moderator
Kanad Mukherjee, DO |
| 7:30 | A Not So Common Cause of Extremity Pain: Compartment Syndrome
Thomas Chu, DO |
| 8:30 | Endovascular Approaches to Venous Thrombectomy for IVC and Iliofemoral DVTs
Chris Cappellini, DO |
| 9:30 | Thoracic Outlet Syndrome: A Surgical Perspective
Stephen Gallo, DO |
| 10:30 | Universal Ultrasound
Julia Cardoso, RDCS, RVT |
| 11:30 | Lower Extremity Injuries and On Field Management
Zachary Schmidt, MS, ATC |

ACCREDITATION STATEMENTS

AOA Accreditation and Designation Statements: Rowan-Virtua School of Osteopathic Medicine (Rowan-Virtua SOM) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians.

Rowan-Virtua SOM designates each online live activity for the amount of Category 1-A credits listed below and will report CME commensurate with the extent of the physician's participation in this activity.

- 5 AOA Category 1-A CME Credits for Psychiatry
- 5 AOA Category 1-A CME Credits for Geriatrics
- 5.5 AOA Category 1-A CME Credits for Cardiology
- 5 AOA Category 1-A CME Credits for Pediatrics & Women's Health
- 5 AOA Category 1-A CME Credits for Vascular Surgery & Musculoskeletal Conditions

ACCME Accreditation and Designation Statements: Rowan-Virtua School of Osteopathic Medicine (Rowan-Virtua SOM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Rowan-Virtua SOM designates each live activity for the amount of *AMA PRA Category 1 Credit™* listed below. Physicians should claim credit commensurate with the extent of their participation in the activity.

- 5 *AMA PRA Category 1 Credits™* for Psychiatry
- 5 *AMA PRA Category 1 Credits™* for Geriatrics
- 5.5 *AMA PRA Category 1 Credits™* for Cardiology
- 5 *AMA PRA Category 1 Credits™* for Pediatrics & Women's Health
- 5 *AMA PRA Category 1 Credits™* for Vascular Surgery & Musculoskeletal Conditions

METHOD OF PARTICIPATION

For successful completion of activities and subsequent awarding of credits, individuals are required to participate in the activity and complete an attestation form, as well as an outcome and an evaluation form.

DISCLOSURE

Rowan-Virtua School of Osteopathic Medicine requires planners, moderators, speakers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have with any ineligible companies as related to the content of this activity. All identified COI are mitigated and resolved according to Rowan-Virtua School of Osteopathic Medicine's policy. Rowan-Virtua School of Osteopathic Medicine is committed to providing its learners with high-quality activities that promote improvements or quality in healthcare and are not a specific proprietary business interest of an ineligible company (commercial interest).

DISCLAIMER

It is the policy of Rowan-Virtua SOM that the information presented at CME activities will be unbiased and based on scientific evidence. Any views expressed in these activities are presented for educational purposes only. The views expressed are those of the faculty. It should not be inferred or assumed that they are expressing the views of any manufacturer of pharmaceuticals and/or medical devices, or Rowan-Virtua School of Osteopathic Medicine.

OBTAINING YOUR CME CERTIFICATE

An attestation, outcome and evaluation can be completed using the online link. To receive a CME certificate, you must complete an attestation, outcome and evaluation. You will receive a CME certificate by email two weeks after the event.

QUESTIONS?

Email: cme@rowan.edu / Call: 856-566-6358

REGISTRATION FORM

Register Online by Credit Card at:
go.rowan.edu/cme

By Check, Make Payment To:

Rowan-Virtua School of Osteopathic Medicine
Continuing Medical Education, Attention: Tara Shontz
Rowan Medicine Building
42 E. Laurel Road, Suite 1200, Room 1208
Stratford, NJ 08084

FULL SERIES - REGISTRATION INCLUDES ALL DATES:

Series Price: \$595 before 8/31/25 (Use promo code KE2025)

\$695 after 8/31/25

Psychiatry, September 6, 2025

Geriatrics, September 13, 2025

Cardiology, October 4, 2025

Pediatrics & Women's Health, October 18, 2025

Vascular Surgery & Musculoskeletal Conditions, December 6, 2025

INDIVIDUAL EVENT REGISTRATION:

Individual Price: All \$149.

ONLINE

_____ Psychiatry, September 6, 2025
_____ Geriatrics, September 13, 2025
_____ Cardiology, October 4, 2025
_____ Pediatrics & Women's Health, October 18, 2025
_____ Vascular Surgery & Musculoskeletal Conditions, December 6, 2025

NAME _____ PHONE _____

DEGREE _____ AOA NUMBER _____ EMAIL _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

**For more information, please contact the CME Department at 856-566-6358 or
by email at: cme@rowan.edu**

Cancellation Policy: 50% of your registration fee will be refunded if requested in writing
two weeks before each event.

Join us for our

3-DAY CME CONFERENCE

at Kalahari Resorts and Convention Center

November 6-8, 2025

***CME credits available and a
Family Friendly Friday Evening Event***

For more information, please visit:
go.rowan.edu/cme





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