



ROWAN-VIRTUA
School of
Osteopathic Medicine



Key Essentials For Optimizing Patient Care

A 5-Block Virtual Live CME Series

September 2026 – December 2026

Earn up to 25 AOA Category 1-A Credits and 25 AMA PRA Category 1 Credits™



CARDIOLOGY VS NEPHROLOGY “CAGE MATCH”

Saturday, September 19, 2026

Virtual Live

5 AOA Category 1-A and
5 AMA PRA Category 1 credits™

PEDIATRICS AND OB

Saturday, September 26, 2026

Virtual Live

5 AOA Category 1-A and
5 AMA PRA Category 1 credits™

GERIATRICS

Saturday, October 10, 2026

Virtual Live

5 AOA Category 1-A and
5 AMA PRA Category 1 credits™

PSYCHIATRY AND NEUROLOGY

Saturday, October 17, 2026

Virtual Live

5 AOA Category 1-A and
5 AMA PRA Category 1 credits™

MUSCULOSKELETAL CONDITIONS

Saturday, December 5, 2026

Virtual Live

5 AOA Category 1-A and
5 AMA PRA Category 1 credits™

OVERVIEW

Rowan-Virtua School of Osteopathic Medicine is dedicated to refining and enhancing knowledge to manage the changing needs of the healthcare system. This education-based lecture series is structured to augment the health care professional's expertise with current clinical guideline recommendations and materials, as well as up-to-date advances in medical treatments on specific topics.

In response to evaluations from previous activity participants, focused education blocks were developed to cover the following topics: Cardiology & Nephrology, Pediatrics & Obstetrics, Geriatrics, Psychiatry, Neurology, and Musculoskeletal Conditions. Lecturing faculty were chosen based on their clinical research, thorough experience, and clinical distinction in their respective fields. This series allows health care professionals, to gather and discover convenient, current recommendations and protocols and advances in treatments in each of the chosen focus areas.

GENERAL LEARNING OBJECTIVES

As a result of participation in this activity, members of the interprofessional team will improve their ability to:

- Recognize indications for nephrology referral and co-management
- Differentiate when BP lowering strategies prioritize renal protection vs cardiovascular risk reduction
- Collaboratively manage hypertension-associated atherosclerotic cardiovascular disease and hypertensive heart disease
- Characterize the feedback between the renal and cardiovascular systems in the setting of heart failure
- Identify best practices for breast cancer screening in high-risk women
- Develop patient-centered management plans for symptom control, health risks, and preventive care during the menopausal transition
- Identify the roles needed on a care team when providing patient-centered care to immigrant patients
- Implement cross-disciplinary treatment plans to address a patient's physical and psychosocial needs
- Promote collaboration between health care providers, therapists, and school team to support patients with developmental and behavioral needs
- Describe the members and role of an interdisciplinary team in caring for older adults and identify high-risk medications
- Collaborate with the interprofessional team to integrate occupational therapy in geriatric care
- Navigate goals-of-care discussions with older adults and their families
- Recognize the role of additional disciplines to help manage and prevent falls in the elderly population
- Identify the roles of health care professionals involved in medical aid in dying and apply eligibility criteria to the patient qualification process
- Identify patients with MCI/mild dementia due to Alzheimer's disease and take initial steps in evaluating and referring them for anti-amyloid therapies
- Identify and manage behavioral changes in the brain injury population
- Identify and manage developmental delays
- Identify two complications of severe persistent catatonia
- Distinguish seizures from syncope by recognizing key historical clues
- Anticipate growth plate disasters by identifying and managing specific critical conditions
- Collaboratively discuss emerging treatment strategies for knee pain
- Promote a better understanding of collaborative care in sports and orthopedic injuries
- Differentiate the responsibilities of athletic trainers play and other health care professionals in the management of acute injuries

TARGET AUDIENCE

This continuing medical education program is designed to meet the educational needs of physicians, osteopathic physicians, nurses including APRNs, physician associates (PAs) and other healthcare professionals who provide care to patients in a general practice environment.

ROWAN-VIRTUA SOM PROGRAM FACULTY

Joshua S. Coren, DO, MBA, FACOPF

Vice Dean of Clinical Affairs
Professor, Department of Family Medicine
Director of Continuing Medical Education

Danielle Cooley, DO, FACOPF

Professor, OMM and Family Medicine

Kanad Mukherjee, DO, MPH, CAQSM

Associate Professor, Family Medicine

Lenny Powell, DO, MS, FACOPF, FNAOME, CMD, AGSF

Associate Professor of Medicine, New Jersey Institute of Successful Aging

Tanya Kadrmas-Iannuzzi, DO, FACOPF, FAAP, CS

Chair, Department of Pediatrics

Christie Richardson, DO

Assistant Professor, Psychiatry

Margarita David, DNP, BA, RN, CHSE, PCCN, NCSN

Founding Director of Interprofessional Education

Tiffany Eben, MS, PA-C

Director of Clinical Education, PA Program

SATURDAY SCHEDULES



CARDIOLOGY VS NEPHROLOGY

“CAGE MATCH” - Virtual Live

Saturday, September 19, 2026

7:30AM - 12:30PM

5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

7:25 Introduction/Moderator

**7:30 Chronic Kidney Disease (CKD): Update
September 2026: Fighting for Kidney Health**
Brett Rosenthal, DO

**8:30 Beyond the Top Number: Balancing Renal
Protection and Cardiovascular Outcomes
When Managing Hypertension as
a Primary Provider**
Yesenia Galan, MD

9:30 Panel Discussion – Kidney Battles Heart

**10:30 Hypertensive Associated Atherosclerotic
Vascular; Coronary Disease;
Hypertensive Remodeling of the Heart**
Ramneet Wadehra, DO

**11:30 To Diurese or Not Diurese in Cardiorenal
Syndrome, That is the Question?**
Juan Ortega Legaspi, MD

SATURDAY SCHEDULES



PEDIATRICS AND OBSTETRICS

Virtual Live

Saturday, September 26, 2026

7:30AM - 12:30PM

5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

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|-------|--|
| 7:25 | Introduction |
| 7:30 | Breast Cancer Risk Assessment and High-Risk Breast Care: A Personalized Approach to Breast Cancer Screening
Kathryn Eckert, DO |
| 8:30 | Navigating the Transition: Modern Approaches to Perimenopause and Menopause Care
Sophia Vogiatzidakis, DO |
| 9:30 | Immigration and Advocacy in the ICE Age
Amanda Micucio, DO |
| 10:30 | Reframing the Difficult Patient: Approaching Somatic Symptom Disorders in Practice
Zubair Khan, DO |
| 11:30 | Challenges in Developmental and Behavioral Pediatrics: Case Pot Potpourri
Brittany Perry, DO |



GERIATRICS

Virtual Live

Saturday, October 10, 2026

7:30AM - 12:30PM

5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

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| 7:25 | Introduction |
| 7:30 | Geriatric Syndromes and Management
Lenny Powell, DO |
| 8:30 | Approach to Medications in Older Adults
Margaret Heller, MD |
| 9:30 | Occupational Therapy: A Key Interprofessional Partner in Optimizing Function and Outcomes in Geriatric Care
Emily Balog, PhD |
| 10:00 | Settings of Care for Older Adults
Emily Romano, MD |
| 10:30 | Have a Nice Trip Next Fall: Prevention and Treatment of Falls in Older Adults
Jesse Abesh, DO |
| 11:30 | Medical Aid in Dying 2026: What NJ Clinicians need to know
Robin Plumer, DO |

SATURDAY SCHEDULES



PSYCHIATRY AND NEUROLOGY

Virtual Live

Saturday, October 17, 2026

7:30AM – 12:30PM

5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

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|-------|---|
| 7:25 | Introduction |
| 7:30 | Anti-Amyloid Therapy for Mild Alzheimer's Disease
Daniel Ackerman, MD |
| 8:30 | Behavioral Management in Brain Injury
Gilbert Siu, DO, PhD |
| 9:30 | Developmental Delays
Michaela Margolis, DO |
| 10:30 | The Varieties of Catatonia
Charles Mormando, DO |
| 11:30 | Seizures and What You Need to Know
Krima Patel, DO |



MUSCULOSKELETAL CONDITIONS

Virtual Live

Saturday, December 5, 2026

7:30AM – 12:30PM

5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

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|-------|--|
| 7:25 | Introduction |
| 7:30 | Safe at the Plate: Avoiding Growth Plate Disasters
Mike Wolf, MD |
| 8:30 | Knee Pain and Emerging Treatments
Vince Marchase, DO |
| 9:30 | Sideline to Surgical Suite: Collaborative Care in Sports and Orthopedic Injuries – ACL Tears
Brad Bernadini, MD, Nathan Holmes, MD, Jeffrey Andrews, DPT |
| 11:30 | Acute Upper Extremity Injuries and the Athletic Trainers Role in Optimizing Outcomes
Zachary Schmidt, MS, ATC |

ACCREDITATION STATEMENTS

AOA Accreditation and Designation Statements: Rowan-Virtua School of Osteopathic Medicine (Rowan-Virtua SOM) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians.

Rowan-Virtua SOM designates each online live activity for the amount of Category 1-A credits listed below and will report CME commensurate with the extent of the physician's participation in this activity.

Please note for the Musculoskeletal Conditions CME: This Program pending AOA Category 1-A under an exemption by the "Bureau of Osteopathic Education of the American Osteopathic Association".

- 5 AOA Category 1-A CME Credits for Cardiology vs Nephrology "Cage Match"
- 5 AOA Category 1-A CME Credits for Pediatrics & OB
- 5 AOA Category 1-A CME Credits for Geriatrics
- 5 AOA Category 1-A CME Credits for Psychology & Neurology
- 5 AOA Category 1-A CME Credits for Musculoskeletal Conditions

ACCME Accreditation and Designation Statements: Rowan-Virtua School of Osteopathic Medicine (Rowan-Virtua SOM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Rowan-Virtua SOM designates each live activity for the amount of AMA PRA Category 1 Credit™ listed below. Physicians should claim credit commensurate with the extent of their participation in the activity.

- 5 AMA PRA Category 1 Credits™ for Cardiology vs Nephrology "Cage Match"
- 5 AMA PRA Category 1 Credits™ for Pediatrics & OB
- 5 AMA PRA Category 1 Credits™ for Geriatrics
- 5 AMA PRA Category 1 Credits™ for Psychology & Neurology
- 5 AMA PRA Category 1 Credits™ for Musculoskeletal Conditions

DISCLOSURE

Rowan-Virtua School of Osteopathic Medicine requires planners, moderators, speakers and other individuals who are in a position to control the content of this activity to disclose all financial relationships with ineligible companies. All relevant relationships are mitigated.

DISCLAIMER

It is the policy of Rowan-Virtua SOM that the information presented at CME activities will be unbiased and based on scientific evidence. Any views expressed in these activities are presented for educational purposes only. The views expressed are those of the faculty. It should not be inferred or assumed that they are expressing the views of any manufacturer of pharmaceuticals and/or medical devices, or Rowan-Virtua School of Osteopathic Medicine.

OBTAINING YOUR CME CERTIFICATE

An attestation, outcome and evaluation can be completed using the online link. To receive a CME certificate, you must complete an attestation, outcome and evaluation. You will receive a CME certificate by email 1-2 weeks after the event.

QUESTIONS?

Email: cme@rowan.edu / Call: 856-566-6358

REGISTRATION FORM

Register Online by Credit Card at:

go.rowan.edu/cme

By Check, Make Payment To:

Rowan-Virtua School of Osteopathic Medicine
Continuing Medical Education, Attention: Tara Shontz
Rowan Medicine Building
42 E. Laurel Road, Suite 1200, Room 1208
Stratford, NJ 08084

FULL SERIES - REGISTRATION INCLUDES

ALL DATES: 25 credits total

Full Series Price: **\$595 before 8/31/26**
(Use promo code **KE2026**)
\$695 after 8/31/26

PENNSYLVANIA LICENSE SERIES INCLUDES

9/19 TO 10/26 ONLY:

20 credits total before 10/31/2026
PA Series Price: **\$495 before 8/31/26**
(Use promo code **PA26**)
\$595 after 8/31/26

- _____ Cardiology vs Nephrology, September 19, 2026
_____ Pediatrics & OB, September 26, 2026
_____ Geriatrics, October 10, 2026
_____ Psychiatry & Neurology, October 17, 2026
_____ Musculoskeletal Conditions, December 5, 2026

INDIVIDUAL EVENT REGISTRATION: Individual Price: All \$149.

ONLINE

- _____ Cardiology vs Nephrology, September 19, 2026
_____ Pediatrics & OB, September 26, 2026
_____ Geriatrics, October 10, 2026
_____ Psychiatry & Neurology, October 17, 2026
_____ Musculoskeletal Conditions, December 5, 2026

NAME _____ PHONE _____

DEGREE _____ AOA NUMBER _____ EMAIL _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

For more information, please contact the CME Department at 856-566-6358 or by email at: cme@rowan.edu

Cancellation Policy: 50% of your registration fee will be refunded if requested in writing two weeks before each event.

Join Us for other CME Events



3-DAY CME CONFERENCE

at Kalahari Resorts and
Convention Center

November 19 - 21, 2026

CME credits available and
a Family Friendly
Friday Evening Event



POINT-OF-CARE ULTRASOUND ESSENTIALS: A HANDS-ON WORKSHOP CME EVENT

Onsite at Rowan-Virtua School of
Osteopathic Medicine, SIM Center

November 14, 2026, 8:00am - 3:00pm

CME credits available

For more information, please visit: rowan.edu/som/cme



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Continuing Medical Education
42 E. Laurel Road, Suite 1200
Stratford, NJ 08084