

Key Essentials For Optimizing Patient Care

A 5-BLOCK CME SERIES

September 2022 - December 2022

EARN UP TO

25 AOA Category 1-A Credits and
25 AMA PRA Category 1 Credits™

5 AOA
Category 1-A and
5 AMA PRA
Category 1 credits™

Saturday, September 10, 2022
Live Onsite and Online

**CARDIOLOGY FOR
PRIMARY CARE**

5 AOA
Category 1-A and
5 AMA PRA
Category 1 credits™

Saturday, September 17, 2022
Live Online

**INFECTIOUS DISEASE /
ENDOCRINE**

5 AOA
Category 1-A and
5 AMA PRA
Category 1 credits™

Saturday, October 8, 2022
Live Online

**MENTAL HEALTH /
BEHAVIORAL HEALTH**

5 AOA
Category 1-A and
5 AMA PRA
Category 1 credits™

Saturday, October 22, 2022
Live Online

PEDIATRICS

5 AOA
Category 1-A and
5 AMA PRA
Category 1 credits™

Saturday, December 3, 2022
Live Online

**MUSCULOSKELETAL
CONDITIONS**

EDUCATIONAL SPONSORS:



5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

CARDIOLOGY FOR PRIMARY CARE

Saturday, September 10, 2022 / 6:30AM - 1:00PM

Live Onsite and Online

Rowan College at Burlington County, 900 College Circle, Mt. Laurel

This is not a Rowan College at Burlington County Program

Cardiac Monitoring	Heath Saltzman, MD
Structural Heart and TAVR	Ibrahim A. Moussa, DO, SCAI, FACC, RPVI
Urgent Evaluation of Chest Pain in Children and Adolescents	Aaron Dorfman, MD
Cardiac Rehab	Renee Lombo, MSN, RN
EXHIBITORS	
Heart Failure - Brief Update on Medications	Theresa Rowe, MSN, CRNP
Heart - Brain: Precise Care Where It Matters	Kevin Overbeck, DO
Peripheral Vascular Assessment	Rajeev Marreddy, DO, FACC, FSCAI
Integrating Tobacco Dependence Treatment into the Care of the Cardiac Patient	Frank Leone, MD

5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

INFECTIOUS DISEASE / ENDOCRINE

Saturday, September 17, 2022 7:30AM - 12:30PM

"Live" Online

Navigating Endocrine Disorders in the Geriatric Population	Jean Marie Davidson, DO
What's New in Management of Diabetes Mellitus	Patricia Luceri, DO
Update on Sexually Transmitted Diseases	Michele Tartaglia, DO
Antibiotic Use and Overuse, What You Need to Know!	Judith Lightfoot, DO
What You Need to Know Before You Go! An Update on Travel Medicine	Michael Barnish, DO

5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

MENTAL HEALTH / BEHAVIORAL HEALTH

Saturday, October 8, 2022, 7:30AM – 12:30PM

“Live” Online

Bipolar Disorder Essentials in Primary Care	Suzanna Hosein, DO
Adjustment Disorders in Primary Care	Kamini Geer, MD
Obesity: Treatment and Addressing Barriers to Bariatric Surgery	Courtney Barry, PsyD
The Struggle is Real: Tips & Tools for Effective Behavior Change in Patient Care	Joanna Petrides, PsyD
Cultural Humility in Practice: Maintaining Curiosity and Self-Compassion	Alissa Hochman, PhD

5 CAT 1-A and 5 AMA PRA Category 1 credits™

PEDIATRICS

Saturday, October 22, 2022, 7:30AM – 12:30PM

“Live” Online

Resilience and Sleep in Children	Karim Ghobrial-Sedky, MD, MSc, DFAPA
Adverse Childhood Experiences and Resilience	Sarah Kleinle, DO
Sex Trafficking and Exploitation in Youth	Rachel Silliman Cohen, MD, FAAP
Immigration Youth at Risk	Jay Greenspan, MD
Trans Health and the Pediatric/Adolescent Population	Justin Schweitzer, DO

5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

MUSCULOSKELETAL CONDITIONS

Saturday, December 3, 2022, 7:30AM – 12:30PM

“Live” Online

Adult Knee Pain, More than Osteoarthritis	Dr. Alicia Tucker, MD, CAQSM
Painful Pediatric Hip	Mike Wolf, MD, CAQSM
The Orthopedic Injection Algorithm for the Primary Care Physician	Elan Goldwaser, DO, CAQSM
Diagnostic Tests in Musculoskeletal Medicine	Altamash Raja, DO, CSCS
Dermatologic Issues in Athletes	Geoffrey Dreher, DO, CAQSM

KEY ESSENTIALS FOR OPTIMIZING PATIENT CARE

Rowan University School of Osteopathic Medicine is dedicated to refining and enhancing physicians' knowledge to manage the changing needs of the healthcare system. This education-based lecture series is structured to augment physician expertise with current clinical guideline recommendations and materials, as well as up-to-date advances in medical treatments on specific topics.

In response to evaluations from previous activity participants, focused education blocks were developed to cover the following topics: Cardiology, Infectious Disease / Endocrine, Mental Health / Behavioral Health, Pediatrics and Musculoskeletal Conditions. Lecturing faculty were chosen based on their clinical research, thorough experience, and clinical distinction in their respective fields. This series allows a prominent group of physicians, to gather and discover convenient, current recommendations and protocols and advances in treatments in each of the chosen focus areas.

General Learning Objectives

Upon completion of this series, participants should be able to:

- Manage patients with cardiovascular disease
- Recognize current diagnosis and management of endocrine disorders in the geriatric population
- Summarize the current guidelines in the management of diabetes mellitus
- Analyze current treatment recommendations for sexually transmitted diseases
- Identify the effects of antibiotic use and overuse
- Recognize the most up-to-date recommendations on travel medicine
- Categorize the differences in bipolar disorders in primary care
- Classify adjustment disorders in primary care
- Identify the psychological aspects of treating children with bariatric disorders
- Demonstrate essential methods to effect behavioral changes in patients
- Discuss cultural issues in clinical practice
- Explain strategies for addressing adverse experiences in children
- Identify methods to recognize exploitation in children
- Indicate health concerns associated with youth immigration
- Synthesize health issues and treatment strategies for transgender adolescents and pediatric populations
- Categorize causes of knee pain in the adult population
- Develop knowledge of the indications for various injections used in orthopedic issues
- Describe common dermatologic issues in athletes

PLEASE NOTE that the dates for the current AOA CME cycle started January 1, 2022 and end December 31, 2024.

Join us for our

3-DAY CME CONFERENCE at Kalahari Resorts, November 17-19, 2022

For more information, please visit:
rowan.edu/som/cme



AOA ACCREDITATION AND DESIGNATION STATEMENTS:

Rowan University School of Osteopathic Medicine (RowanSOM) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians.

RowanSOM designates this program for a maximum of 25 Category 1-A credits and will report CME commensurate with the extent of the physician's participation in this activity.

ACCME ACCREDITATION AND DESIGNATION STATEMENTS:

Rowan University School of Osteopathic Medicine (RowanSOM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

RowanSOM designates each live activity for the amount of AMA PRA Category 1 Credit™ listed below. Physicians should claim credit commensurate with the extent of their participation in the activity.

- 5 AMA PRA Category 1 Credits™ for Cardiology for Primary Care
- 5 AMA PRA Category 1 Credits™ for Infectious Disease / Endocrine
- 5 AMA PRA Category 1 Credits™ for Mental Health / Behavioral Health
- 5 AMA PRA Category 1 Credits™ for Pediatrics
- 5 AMA PRA Category 1 Credits™ for Musculoskeletal Conditions

METHOD OF PARTICIPATION:

For successful completion of activities and subsequent awarding of credits, individuals are required to participate in the activity and complete an attestation form, as well as an outcome and an evaluation form.

DISCLAIMER:

It is the policy of RowanSOM that the information presented at CME activities will be unbiased and based on scientific evidence. Any views expressed in these activities are presented for educational purposes only. The views expressed are those of the faculty. It should not be inferred or assumed that they are expressing the views of any manufacturer of pharmaceuticals and/or medical devices, or Rowan University School of Osteopathic Medicine.

This course is supported in part by educational sponsorship in accordance with AOA and ACCME standards.

PLANNING COMMITTEE AND FACULTY

PROGRAM DIRECTORS

Joshua S. Coren, DO, MBA, FACOFP

Associate Dean of Clinical Affairs
Chair and Professor, Family Medicine, RowanSOM
Director, Continuing Medical Education, RowanSOM

Danielle Cooley, DO, FACOFP

Chair, Osteopathic Manipulative Medicine (OMM)/
Neuromusculoskeletal Institute (NMI), RowanSOM
Associate Professor, Family Medicine
and OMM, RowanSOM

Meagan Vermeulen, MD, FAAFP

Founding Program Director,
Inspira Family Medicine Residency Program
Associate Professor, Family Medicine
Medical Director, Rowan Family Medicine,
Sewell, RowanSOM

Kanad Mukherjee, DO, MPH, FACOFP

Assistant Professor, Family Medicine, RowanSOM
Fellowship Trained in
Sports Medicine, CAQ-SM eligible
Lead On-Site Physician, RowanSOM Vaccine Clinic:
Project Save Lives

PROGRAM COORDINATOR

Tara Shontz

Program Coordinator, Continuing
Medical Education, RowanSOM

CARDIOLOGY PLANNING COMMITTEE

Kelly Broome, Peter Bulik, DO,

Carol Lynn Daly, Kristofer Hillegas, DO,

Gary Packin, DO, Susan Politsky,

Robert Post, Troy Randle, DO, MBA

CONTENT REVIEWERS

Danielle Cooley, DO, FACOFP

Chair, Osteopathic Manipulative Medicine (OMM)/
Neuromusculoskeletal Institute (NMI), RowanSOM,
Associate Professor, Family Medicine and OMM,
RowanSOM

Meagan Vermeulen, MD, FAAFP

Founding Program Director, Inspira Family Medicine
Residency Program, Associate Professor, Family
Medicine, Medical Director, Rowan Family Medicine,
Sewell, RowanSOM

Kanad Mukherjee, DO, MPH, FACOFP, Assistant
Professor, Family Medicine, RowanSOM, Fellowship
Trained in Sports Medicine, CAQ-SM eligible, Lead
On-Site Physician, RowanSOM Vaccine Clinic:
Project Save Lives

MODERATORS

Kanad Mukherjee, DO, MPH, FACOFP, Assistant
Professor, Family Medicine, RowanSOM, Fellowship
Trained in Sports Medicine, CAQ-SM eligible, Lead
On-Site Physician, RowanSOM Vaccine Clinic: Project
Save Lives

Aubrey Olson, DO, MSED, Chair, Student Academic
Progress Committee, Assistant Professor, Family
Medicine, Adjunct Professor, Osteopathic Medicine,
RowanSOM

Joanna Petrides, PsyD, Clinical Psychologist,
Associate Professor, Family Medicine & Psychology,
RowanSOM

Troy Randle, DO, MBA, Division of Cardiology, Vir-
tua Health, Clinical Associate Professor, RowanSOM

Meagan Vermeulen, MD, FAAFP, Founding
Program Director, Inspira Family Medicine Residency
Program, Associate Professor, Family Medicine,
Medical Director, Rowan Family Medicine, Sewell,
RowanSOM

PROGRAM FACULTY (in alpha order)

Michael Barnish, DO, FACOI

Associate Professor of Medicine, RowanSOM

Courtney Barry, PsyD, MS

Assistant Professor, Medical College of Wisconsin
Department of Psychiatry and Behavioral Medicine
Department of Family and Community Medicine

Jean Marie Davidson, DO

Medical Director, Endocrinology,
Nutrition and Diabetes, Virtua Medical Group
Endocrinologist, Lead Physician, Virtua Endocrinology

Aaron Dorfman, MD, FAAP

The Children's Hospital of Philadelphia
Division of Cardiology - New Jersey Section

Geoffrey Dreher, DO, CAQSM

Primary Care Sports Medicine
Assistant Professor, Dept of Orthopaedics
Johns Hopkins University School of Medicine
Team Physician, JHU Blue Jays

Kamini Geer, MD, MPH, FAAFP

AdventHealth
Program Director, Family Medicine
Residency East Orlando

Karim Ghobrial-Sedky, MD, MSc, DFAPA

Professor of Psychiatry
Medical Student Psychiatry Clerkship Director, CMSRU

Elan Goldwaser, DO, FAOASM

Assistant Professor of Sports Medicine |
Columbia University Medical Center
Dept. of Orthopedic Surgery;
Dept. of Community Medicine
NewYork-Presbyterian Hospital
Head Team Physician - Fordham University
Team Physician - U.S. Ski and Snowboard Association
Ringside Physician - New York State Athletic Commission

Jay Greenspan, MD, MBA

Nemours, Alfred I duPont Hospital for Children
Professor of Pediatrics, Jefferson Medical College
Thomas Jefferson University

Alissa Hochman, PhD

Assistant Professor
Clinical Psychologist, Family Medicine, RowanSOM

Suzanna Hosein, DO

Assistant Professor, Family Medicine, RowanSOM

Sarah Kleinle, DO

CARES Institute, RowanSOM

Frank Leone, MD, MS

Professor of Medicine, Pulmonary,
Allergy and Critical Care, University of Pennsylvania

Judith Lightfoot, DO

Chair, Department of Medicine Chief,
Infectious Disease
Associate Professor of Medicine, RowanSOM

Renee Lombo, MSN, RN

Director, Cardiopulmonary Rehab Services
Virtua Health

Patricia Luceri, DO, FACOI

Medical Director, Division of Endocrinology,
Diabetes & Metabolism, Jefferson Health New Jersey
Fellowship Program Director, Endocrinology,
Diabetes & Metabolism, RowanSOM

Rajeev Marreddy, DO, FACC FSCAI

Cardiologist, Virtua Medical Group
Interventional Cardiology

Ibrahim A. Moussa, DO

Cardiologist, Virtua Medical Group
Interventional Cardiology, Lead Physician

Kevin Overbeck, DO

Chair, Geriatrics & Gerontology, RowanSOM
Director, NJ Institute for Successful Aging

Joanna Petrides, PsyD

Clinical Psychologist, Associate Professor,
Family Medicine & Psychology, RowanSOM

Theresa Rowe, MSN, CRNP

Director of Heart Failure Services
Virtua Our Lady of Lourdes

Altamash Raja, DO, CSCS

Assistant Professor, Physical Medicine & Rehabilitation
Neuromusculoskeletal Institute, RowanSOM

Heath Saltzman, MD

Cardiologist, Virtua Medical Group
Heart Rhythm Specialists

Justin Schweitzer, DO

Medical Director for LGBTQ+ Health and
Primary Care, Cooper Care Alliance

Rachel Silliman Cohen, MD, FAAP

Acting Medical Director and Institute Co-Director,
Child Abuse Research Education
Service (CARES) Institute
Fellowship Director, Child Abuse Pediatrics
Fellowship Program
Assistant Professor of Pediatrics, RowanSOM
Adjunct Assistant Professor of Pediatrics,
Cooper Medical School of Rowan University

Michele Tartaglia, DO

Assistant Dean of Clinical Education
Associate Professor of Obstetrics and
Gynecology, RowanSOM

Alicia K. Tucker, MD

Fellowship Director of Tower Health/Drexel Primary
Care Sports Medicine Fellowship, Primary Care
Sports Medicine, CAQ, Assistant Professor
Program Director Sports Medicine Fellowship
Head Team Physician for Drexel University
Department of Family, Community & Preventative
Medicine, Tower Drexel Academic Medical Group

Mike Wolf, MD, CAQSM

Assistant Professor of Orthopaedic Surgery and
Pediatrics at Drexel University College of Medicine
Attending, Section of Orthopedics,
St. Christopher's Hospital for Children

REGISTRATION FORM

METHODS OF PAYMENT:

Register Online by Credit Card at:
go.rowan.edu/cme

By Check, Make Payment To:
Rowan University School of Osteopathic Medicine
Continuing Medical Education, Attention: Tara Shontz
University Educational Center
40 E. Laurel Road, Suite 2105, Room 2128
Stratford, NJ 08084

Cancellation Policy: 50% of your registration fee will be refunded if requested in writing two weeks before each event.

FULL SERIES - REGISTRATION:

Series Price: \$595 before August 1, 2022 or \$695 after

ONSITE ONLINE

_____	_____	Cardiology, September 10, 2022
N/A	_____	Infectious Disease / Endocrine, September 17, 2022
N/A	_____	Mental Health / Behavioral Health, October 8, 2022
N/A	_____	Pediatrics, October 22, 2022
N/A	_____	Musculoskeletal Conditions, December 3, 2022

PENNSYLVANIA LICENSE PACKAGE REGISTRATION ONLY:

Series Price: \$495 before August 1, 2022 or \$595 after

ONSITE ONLINE

_____	_____	Cardiology, September 10, 2022
N/A	_____	Infectious Disease / Endocrine, September 17, 2022
N/A	_____	Mental Health / Behavioral Health, October 8, 2022
N/A	_____	Pediatrics, October 22, 2022

INDIVIDUAL EVENT REGISTRATION:

Individual Price: All \$149.

ONSITE ONLINE

_____	_____	Cardiology, September 10, 2022
N/A	_____	Infectious Disease / Endocrine, September 17, 2022
N/A	_____	Mental Health / Behavioral Health, October 8, 2022
N/A	_____	Pediatrics, October 22, 2022
N/A	_____	Musculoskeletal Conditions, December 3, 2022

NAME _____

DEGREE _____ AOA NUMBER _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____ EMAIL _____

For more information please contact the CME Department at 856-566-6358 or by email at: cme@rowan.edu



RowanUniversity

SCHOOL OF OSTEOPATHIC MEDICINE

Continuing Medical Education
University Educational Center
Suite 2105, Room 2128
40 E. Laurel Rd.
PO Box 1011
Stratford, NJ 08084