



## Request for Accommodations in OMM Courses

RowanSOM Disability  
Services Academic Center  
1 Medical Center Drive  
Suite 210  
Stratford, NJ 08084  
856-566-6980

### A. Student Information

\_\_\_\_\_  
Student's Full Name (Please Print) \_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Social Security or Banner ID Number

Gender: \_\_\_\_ Male \_\_\_\_\_ Female

\_\_\_\_\_  
Home Address \_\_\_\_\_ State \_\_\_\_\_ Zip Code

\_\_\_\_\_  
Local Address \_\_\_\_\_ State \_\_\_\_\_ Zip Code

\_\_\_\_\_  
Home Telephone Number \_\_\_\_\_ Cell Telephone Number

\_\_\_\_\_  
Email Address

### B. Physician Information

\_\_\_\_\_  
Name of Provider \_\_\_\_\_ Provider Telephone

\_\_\_\_\_  
Address \_\_\_\_\_ State \_\_\_\_\_ Zip Code

\_\_\_\_\_  
Student Signature \_\_\_\_\_ Date

Active participation in Osteopathic Manipulative Medicine (OMM) Laboratories and Clinical Care Encounters is an admission, matriculation and graduation requirement. During Osteopathic Manipulative Medicine laboratory and clinical care encounters, it is imperative to the educational process that each body region being examined and/or treated will need to be exposed for observation, palpation and treatment. The examination and treatment must be conducted in a respectful and professional manner.

The development of palpatory skills is required in osteopathic medical schools for diagnosis and treatment. Palpation in the osteopathic educational context is the use of touch to examine the body. Palpatory skills are used in all areas of osteopathic medical practice and are particularly important in the evaluation and treatment of the musculoskeletal system.

The development of these skills and the ability to perform osteopathic treatments are initiated in the first- and second-year OMM labs. This learning requires active participation in all laboratory sessions where **students will palpate and experience palpation by their peers and instructors of both genders to enhance the development of their own palpatory skills.** Each student will palpate a variety of people with different body types to simulate the diversity of patients expected in a practice setting. Each student is required to actively participate in all skill development sessions.

To request an exemption from a certain OMM technique, medical documentation must be provided by a DO (preferably an OMM board-certified physician) who can attest to the students' limitations and who can indicate which techniques may be contradicted for their specific condition. The treating physician should providing additional documentation, along with indicating on the lists below the technique(s) from which the student should be exempted:

\_\_\_\_\_ (Please print student's name) cannot have the following OMM techniques performed **ON THEM** by a fellow medical student. (Please check all that apply):

- Muscle Energy to Head (including OA)
- Muscle Energy to Cervical spine
- Muscle Energy to Thoracic spine
- Muscle Energy to Lumbar spine
- Muscle Energy to Sacrum
- Muscle Energy to Pelvis
- Muscle Energy to Lower Extremity (specify which one)
- Muscle Energy to Upper Extremity (specify which one)
- Muscle Energy to Ribs

## Request for Accommodations in OMM Courses - Continued

- HVLA to Head (including OA)
- HVLA to Cervical spine
- HVLA to Thoracic spine
- HVLA to Lumbar spine
- HVLA to Pelvis
- HVLA to Lower Extremity (specify which one)
- HVLA to Upper Extremity (specify which one)
- HVLA to Ribs

- Myofascial Release to Head (including OA)
- Myofascial Release to Cervical spine
- Myofascial Release to Thoracic spine
- Myofascial Release to Lumbar spine

- Soft Tissue to Head (including OA)
- Soft Tissue to Cervical spine
- Soft Tissue to Thoracic spine
- Soft Tissue to Lumbar spine

- Counterstrain to Head (including OA)
- Counterstrain to Cervical spine
- Counterstrain to Thoracic spine
- Counterstrain to Lumbar spine
- Counterstrain to Pelvis
- Counterstrain to Lower Extremity (specify which one)
- Counterstrain to Upper Extremity (specify which one)
- Counterstrain to Ribs

Other accommodation not mentioned above: \_\_\_\_\_  
\_\_\_\_\_

Diagnosis / Reason for the above exemption: \_\_\_\_\_  
\_\_\_\_\_

## Request for Accommodations in OMM Courses - Continued

\_\_\_\_\_ (please print student's name) cannot **PERFORM** the following OMM techniques (please check all that apply):

- Muscle Energy to Head (including OA)
- Muscle Energy to Cervical spine
- Muscle Energy to Thoracic spine
- Muscle Energy to Lumbar spine
- Muscle Energy to Sacrum
- Muscle Energy to Pelvis
- Muscle Energy to Lower Extremity (specify which one)
- Muscle Energy to Upper Extremity (specify which one)
- Muscle Energy to Ribs

- HVLA to Head (including OA)
- HVLA to Cervical spine
- HVLA to Thoracic spine
- HVLA to Lumbar spine
- HVLA to Pelvis
- HVLA to Lower Extremity (specify which one)
- HVLA to Upper Extremity (specify which one)
- HVLA to Ribs

- Myofascial Release to Head (including OA)
- Myofascial Release to Cervical spine
- Myofascial Release to Thoracic spine
- Myofascial Release to Lumbar spine

- Soft Tissue to Head (including OA)
- Soft Tissue to Cervical spine
- Soft Tissue to Thoracic spine
- Soft Tissue to Lumbar spine

- Counterstrain to Head (including OA)
- Counterstrain to Cervical spine
- Counterstrain to Thoracic spine
- Counterstrain to Lumbar spine
- Counterstrain to Pelvis
- Counterstrain to Lower Extremity (specify which one)
- Counterstrain to Upper Extremity (specify which one)
- Counterstrain to Ribs

- Other accommodation not mentioned above: \_\_\_\_\_

\_\_\_\_\_

Diagnosis / Reason for the above exemption: \_\_\_\_\_  
\_\_\_\_\_

Physician's printed name: \_\_\_\_\_

Physician's signature: \_\_\_\_\_

Physician's medical specialty: \_\_\_\_\_

Does the treating physician have OMM Board Certification?

- Yes
- No

Please mail, email or fax to SOM Academic Affairs Office this document signed by the physician, along with documentation of how the diagnosis was determined.

One Medical Center Drive  
Academic Center, Suite 210  
Stratford, NJ 08084

Fax to: 856-566-6341  
Email: [giacobja@rowan.edu](mailto:giacobja@rowan.edu)