



ROWAN-VIRTUA  
School of  
Osteopathic Medicine

# Key Essentials For Optimizing Patient Care

## A 5-BLOCK CME SERIES

September 2024 - December 2024

EARN UP TO

**25 AOA Category 1-A Credits** and  
**25 AMA PRA Category 1 Credits™**

5 AOA  
Category 1-A and  
5 AMA PRA  
Category 1 credits™

**Saturday, September 7, 2024**  
Live Online

**CARDIOLOGY FOR  
PRIMARY CARE**

5 AOA  
Category 1-A and  
5 AMA PRA  
Category 1 credits™

**Saturday, September 14, 2024**  
Live Online

**BEHAVIORAL  
HEALTH**

5 AOA  
Category 1-A and  
5 AMA PRA  
Category 1 credits™

**Saturday, October 5, 2024**  
Live Online

**PEDIATRICS**

5 AOA  
Category 1-A and  
5 AMA PRA  
Category 1 credits™

**Saturday, October 26, 2024**  
Live Online

**INTERNAL  
MEDICINE**

5 AOA  
Category 1-A and  
5 AMA PRA  
Category 1 credits™

**Saturday, December 7, 2024**  
Live Online

**MUSCULOSKELETAL  
CONDITIONS**

### EDUCATIONAL SPONSORS:



## 5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

### CARDIOLOGY FOR PRIMARY CARE

Saturday, September 7, 2024 / 7:30AM – 1:00PM  
Live Online

|  |                             |
|--|-----------------------------|
| <b>Prescribe with Precision: Better Cardiovascular Outcomes using the updated BEER's Criteria</b>                  | Kevin Overbeck, DO          |
| <b>Lipids: An Overview and Update on Diagnosis and Management</b>  | Tania Maheshwari, DO        |
| <b>Aortic Stenosis</b>   | Teresa Sousa, MSN, FNP-BC   |
| <b>Diagnosis and Management of Hypertension</b>  | Christopher Mercogliano, DO |
| <b>Innovations &amp; Guidelines on Hypertension</b>  | Kintur Sanghvi, MD          |
| <b>EKG Lecture for Primary Care</b>  | Ramneet Wadehra, DO         |
| <b>Anticoagulation - Hemo/Onc</b>  | Shayma Kazmi, MD            |
| <b>PE management &amp; PERT Team in 2024</b>   | Luai Tabaza, MD             |
| <b>Current State of Coronary Artery Calcium Scoring (CACS) and Coronary Computed Tomography Angiography (CCTA)</b> | Michael Gannon, MD          |

## 5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

### BEHAVIORAL HEALTH

Saturday, September 14, 2024 7:30AM – 12:30PM  
Live Online

|   |                            |
|---|----------------------------|
| <b>Getting Started with Primary Care Research</b>                 | Anne Jones, DO, MPH        |
| <b>Medical Decision-Making Capacity</b>                           | Timothy Wong, DO           |
| <b>Black Youth Suicide and Mental Health</b>                      | Robin C. Moore, DO         |
| <b>Psychological Support for Families in the End-of-Life Care</b> | Susan McGroarthy, PhD ABPP |
| <b>Addressing Obesity in Children and Adolescents</b>             | Courtney Barry, PsyD, MS   |

## 5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

### PEDIATRICS

Saturday, October 5, 2024, 7:30AM - 12:30PM  
Live Online

|   |                                     |
|---|-------------------------------------|
| Identifying the Underlying Causes of Limping in Children  | Julie Sees, DO                      |
| Early Identification of Abdominal Pain, Deciphering Urgent vs. Emergent Causes                        | Nadine Smith, DO                    |
| Hot, Wheezy & Sneezing: An Evidence Based Approach to Neonatal Fever & Pediatric Respiratory Distress | Anna Suessman, DO, Med, FAAP, FACEP |
| Identifying Risk of Sudden Cardiac Death via the Pre-Participation Physical                           | Michael Luceri, DO                  |
| Fostering Resilience During Transition for Children with IDD  | Wendy Aita, PhD                     |

## 5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

### INTERNAL MEDICINE

Saturday, October 26, 2024, 7:30AM - 12:30PM  
Live Online

|  |                          |
|--|--------------------------|
| Thyroid Disease: A to Z  | Joseph Fallon, MD        |
| An Up-to-Date Outpatient Clinical Approach to Community Acquired Pneumonia | Justin Sciancalepore, DO |
| 2024 Adult Immunization Updates  | Michael Barnish, DO      |
| Lipids in Limbo: How Low Do You Go?  | Ashley Rowan Coleman, DO |
| Can it be Scleroderma?   | Safia Siddiqui, MD       |

## 5 AOA Category 1-A and 5 AMA PRA Category 1 credits™

### MUSCULOSKELETAL CONDITIONS

Saturday, December 7, 2024, 7:30AM - 12:30PM  
Live Online

|  |                   |
|--|-------------------|
| Concussion Management for the Primary Care Physician | Michael Wolf, MD  |
| Seronegative Spondyloarthropathies                   | Linda Brecher, DO |
| Cardiac Considerations for the Sports PPE            | Mario Caruso, DO  |
| Labs I Wished I Had not Ordered - Part Two           | Keith Reich, DO   |
| Medical Coverage of Mass Events                      | John Luksch, DO   |

## KEY ESSENTIALS FOR OPTIMIZING PATIENT CARE

Rowan-Virtua School of Osteopathic Medicine is dedicated to refining and enhancing physicians' knowledge to manage the changing needs of the health care system. This education-based lecture series is structured to augment physician expertise with current clinical guideline recommendations and materials, as well as up-to-date advances in medical treatments on specific topics.

In response to evaluations from previous activity participants, focused education blocks were developed to cover the following topics: Cardiology, Behavioral Health, Pediatrics, Internal Medicine and Musculoskeletal Conditions. Lecturing faculty were chosen based on their clinical research, thorough experience, and clinical distinction in their respective fields. This series allows a prominent group of physicians, to gather and discover convenient, current recommendations and protocols and advances in treatments in each of the chosen focus areas.

### General Learning Objectives

Upon completion of this series, participants should be able to:

- Manage patients with cardiovascular disease
- Develop a comprehensive treatment plan for the management of hypertension
- Applying recent data to improve medication adjustment, titration, and patient-centered cholesterol management
- Identify patients that may benefit from PE thrombectomy and how to utilize your local PERT teams
- Identification and preparation of patient for coronary computed tomography angiography (CCTA)
- Review existing and emerging landscape for research in behavioral health, mental health and primary care
- Identify the process for evaluating decisional capacity
- Identify the signs and symptoms of depression in Black youth
- Identify two family dynamics that can complicate end of life care
- Explain the various factors that contribute to childhood obesity
- Identify common reasons for children who present to the clinic with a limp through a more comprehensive, holistic approach
- Recognize the key findings, diagnostic tools and management of acute abdominal pain emergencies
- Review updates in clinical guidelines for neonatal fever, bronchiolitis and asthma
- Review the benefits of sports participation in childhood and adolescence
- Identify barriers to medical and behavioral health care during transition
- Differentiate thyroid diseases and their treatments
- Know an up-to-date clinical approach to Community acquired Pneumonia
- Know the new recommendations involving both existing and new vaccines released in 2024
- Develop evidence-based treatment plans based on current cholesterol guidelines
- How to identify and recognize common clinical presentations of Scleroderma
- Recognize the symptoms, signs, and differential diagnosis of a concussion
- Differentiate and understand the various forms of Seronegative Spondyloarthropathies
- Know the basics of cardiac screening in the athletic and active community
- Interpret and have the ability to order ANCA testing appropriately
- Know the breadth and scope of mass event coverage

PLEASE NOTE that the dates for the current AOA CME cycle started January 1, 2022 and end December 31, 2024.

Join us for our

**3-DAY CME CONFERENCE**  
at Kalahari Resorts Resorts and Convention Center  
**November 21-23, 2024**

*CME credits available and a  
Family Friendly Friday Evening Event*

For more information, please visit:  
**[go.rowan.edu/cme](http://go.rowan.edu/cme)**



## AOA ACCREDITATION AND DESIGNATION STATEMENTS:

Rowan-Virtua School of Osteopathic Medicine (Rowan-Virtua SOM) is accredited by the American Osteopathic Association (AOA) to provide osteopathic continuing medical education for physicians.

Rowan-Virtua SOM designates each virtual live activity below for a maximum of 5 Category 1-A credits and will report CME commensurate with the extent of the physician's participation in this activity.

- 5 AOA Category 1-A CME Credits for Cardiology for Primary Care
- 5 AOA Category 1-A CME Credits for Behavioral Health
- 5 AOA Category 1-A CME Credits for Pediatrics
- 5 AOA Category 1-A CME Credits for Internal Medicine
- 5 AOA Category 1-A CME Credits for Musculoskeletal Conditions

## ACCME ACCREDITATION AND DESIGNATION STATEMENTS:

Rowan-Virtua School of Osteopathic Medicine (Rowan-Virtua SOM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Rowan-Virtua SOM designates each live activity for the amount of *AMA PRA Category 1 Credit™* listed below. Physicians should claim credit commensurate with the extent of their participation in the activity

- 5 *AMA PRA Category 1 Credits™* for Cardiology for Primary Care
- 5 *AMA PRA Category 1 Credits™* for Behavioral Health
- 5 *AMA PRA Category 1 Credits™* for Pediatrics
- 5 *AMA PRA Category 1 Credits™* for Internal Medicine
- 5 *AMA PRA Category 1 Credits™* for Musculoskeletal Conditions

## METHOD OF PARTICIPATION:

For successful completion of activities and subsequent awarding of credits, individuals are required to participate in the activity and complete an attestation form, as well as an outcome and an evaluation form.

## DISCLAIMER:

It is the policy of Rowan-Virtua SOM that the information presented at CME activities will be unbiased and based on scientific evidence. Any views expressed in these activities are presented for educational purposes only. The views expressed are those of the faculty. It should not be inferred or assumed that they are expressing the views of any manufacturer of pharmaceuticals and/or medical devices, or Rowan-Virtua School of Osteopathic Medicine.

This course is supported in part by educational sponsorship in accordance with AOA and ACCME standards.

## PLANNING COMMITTEE AND FACULTY

### PROGRAM DIRECTORS

#### **Joshua S. Coren, DO, MBA, FACOPF**

Senior Associate Dean of Clinical Affairs  
Professor, Department of Family Medicine  
Director of Continuing Medical Education  
Rowan-Virtua School of Osteopathic Medicine

#### **Danielle Cooley, DO, FACOPF**

Chair, Osteopathic Manipulative Medicine (OMM)/  
NeuroMusculoskeletal Institute (NMI)  
Professor, Family Medicine and OMM  
Medical Director, Rowan Family Medicine, Mt. Laurel  
Rowan-Virtua School of Osteopathic Medicine

#### **Meagan Vermeulen, MD, FAAFP**

Founding Program Director, Inspira Family  
Medicine Residency Program, Mullica Hill  
Medical Director, Rowan Family Medicine, Sewell  
Associate Professor, Department of Family Medicine,  
Rowan-Virtua School of Osteopathic Medicine

#### **Kanad Mukherjee, DO, MPH, CAQSM**

Sports Medicine/Family Medicine  
Assistant Professor, Family Medicine  
Medical Director, Washington Township Office  
Core Faculty, Rowan-Virtua SOM Family Medicine Residency  
Rowan-Virtua School of Osteopathic Medicine

### COORDINATORS

#### **Tara Shontz**

Program Coordinator, Continuing Medical Education  
Rowan-Virtua School of Osteopathic Medicine

#### **Charlene Goddard**

Staff Assistant, Continuing Medical Education  
Rowan-Virtua School of Osteopathic Medicine

### Cardiology Planning Committee

Troy Randle, DO, MBA; Peter Bulik, DO; Kristofer Hillegas,  
DO; Hafeza Shaikh, DO; Luai Tabaza, MD; Nikhita Kothari,  
DO; Nicole Kelbon, DO; Siddharth Vadakkevedu, DO;  
Keith Anacker, DO; Carol Lynn Daly; Casandra Williams;  
Kelly Broome; Tara Shontz

### CONTENT REVIEWERS

#### **Danielle Cooley, DO, FACOPF**

#### **Kanad Mukherjee, DO, MPH, CAQSM**

#### **Meagan Vermeulen, MD, FAAFP**

### MODERATORS

#### **Kanad Mukherjee, DO, MPH, CAQSM**

#### **Aubrey Olson, DO, MSED**

Chair, Student Academic Progress Committee  
Assistant Professor, Family Medicine  
Adjunct Professor, Osteopathic Medicine  
Rowan-Virtua School of Osteopathic Medicine

#### **Joanna Petrides, PsyD, MBS**

Licensed Clinical Psychologist  
Associate Professor, Department of Family Medicine  
Resident Research Director, Department of Family Medicine  
Chair, Rowan-Virtua SOM Wellness Committee  
Interim Chair, Rowan-Virtua SOM IRB  
Assistant Professor, Department of Psychology, Rowan Glassboro  
Rowan-Virtua School of Osteopathic Medicine

#### **Troy Randle, DO, MBA**

Division of Cardiology, Virtua Health  
Clinical Associate Professor  
Rowan-Virtua School of Osteopathic Medicine

## PROGRAM FACULTY (in alpha order)

### **Wendy Aita, PhD**

Associate Professor, Co-Director,  
Rowan-Virtua Integrated Special Needs Center  
Behavioral Health Lead  
Rowan-Virtua School of Osteopathic Medicine

### **Michael Barnish, DO, FACOI**

Clinical Associate Professor of Medicine  
Rowan-Virtua School of Osteopathic Medicine

### **Courtney Barry, PsyD, MS**

Assistant Professor, Department of  
Psychiatry and Behavioral Medicine  
Medical College of Wisconsin

### **Linda Brecher, DO, FACOI, FACR**

Division Chief of Rheumatology,  
Department of Internal Medicine  
Rowan-Virtua School of Osteopathic Medicine

### **Mario Caruso, DO**

Attending Cardiologist, Cooper Heart Institute  
Assistant Professor of Medicine,  
Cooper Medical School of Rowan University  
Founder, Sports and Exercise Cardiology Program,  
Cooper Heart Institute

### **Ashley Rowan Coleman, DO**

Chief of General Internal Medicine  
Associate Program Director Inspira Medicine Residency  
Assistant Professor, Rowan-Virtua School of  
Osteopathic Medicine

### **Joseph J. Fallon, Jr., MD**

Department of Medicine/Endocrinology  
Rowan-Virtua School of Osteopathic Medicine

### **Michael Gannon, MD**

Cardiologist, Virtua Health

### **Anne C. Jones, DO, MPH, FACOFP, CPE**

Assistant Professor, Family Medicine  
Assistant Dean of Student Affairs  
Rowan-Virtua School of Osteopathic Medicine

### **Shayma Kazmi, MD, RPh**

Medical Oncology, Penn Medicine

### **Michael Luceri, DO**

Pediatric Cardiologist  
Nemours Children's Health, Wilmington  
Instructor of Pediatrics  
Thomas Jefferson Medical College

### **John Luksch, DO**

Sports Medicine, Rothman Orthopedics  
Medical Director of the Philadelphia Marathon

### **Tania Maheshwari, DO**

Cardiologist, Virtua Health

### **Christopher Mercogliano, DO**

Cardiologist, Virtua Health

### **Susan C. McGroarty, PhD ABPP**

Chair, APA Collaborative of Director of Professional

### **Robin Moore, DO**

Associate Professor, Family Medicine  
Rowan-Virtua School of Osteopathic Medicine

### **Kevin Overbeck, DO**

Chair, Geriatrics and Gerontology  
Director, NJ Institute of Successful Aging  
Rowan-Virtua School of Osteopathic Medicine

### **Keith Reich, DO, CPE, RhSMSU, MACOI, FACR**

Clinical Rheumatologist, University of  
Chicago Care Medical Group

### **Kintur Sanghvi, MD**

Chief of Interventional Cardiology  
Director, Cardiovascular Innovation  
Medical Director, Cardiac Catheterization Lab,  
Virtua OLOL

### **Justin Sciancalepore, DO, MBS**

Assistant Professor Pulmonary Medicine,  
Department of Medicine  
Pulmonary Critical Care Medicine  
Rowan-Virtua School of Osteopathic Medicine

### **Julianne P. Sees, DO, MBA,**

### **FAOAO, FAOA, FAAOS**

Pediatric/Neuro-Orthopaedic/  
Spine Surgeon Affiliate Professor  
CVS Health Executive Medical Director Northeast

### **Safia Siddiqui, MD**

Assistant Professor, Rheumatology  
Department of Medicine  
Rowan-Virtua School of Osteopathic Medicine

### **Nadine Smith, DO**

Pediatrician  
Advocate Pediatrics, Marlton

### **Anna Seussman, DO, Med, FAAP, FACEP**

Division Chief, Pediatric Emergency Department,  
Medical City Children's Hospital  
Regional PEM Advisor, Envision Healthcare -  
North Texas Division  
Associate Professor, UNTHSC/Texas College of  
Osteopathic Medicine

### **Teresa Sousa, MSN, FNP-BC**

Valve Clinic/Structural Heart APN  
Virtua Health & Wellness Center, Virtua Health

### **Luai Tabaza, MD**

Interventional Cardiologist, Virtua Health

### **Ramneet Wadehra, DO**

Cardiologist  
Diagnosis and Management of Hypertension

### **Mike Wolf, MD, CAQSM**

Attending, Pediatric Sports Medicine,  
Division of Orthopedics,  
St. Christopher's Pediatrics Associates

### **Timothy Wong, DO**

Director of Consultation-Liaison Psychiatry  
Psychiatry Residency Associate Program Director  
Assistant Professor, Department of Psychiatry  
Rowan-Virtua School of Osteopathic Medicine

# REGISTRATION FORM

## METHODS OF PAYMENT:

**Register Online by Credit Card at:**  
go.rowan.edu/cme

**By Check, Make Payment To:**  
Rowan-Virtua School of Osteopathic Medicine  
Continuing Medical Education, Attention: Tara Shontz  
Rowan Medicine Building,  
42 E. Laurel Road, Suite 1200, Room 1208  
Stratford, NJ 08084

**Cancellation Policy:** 50% of your registration fee will be refunded if requested in writing two weeks before each event.

## FULL SERIES - REGISTRATION:

**Series Price: \$595 before August 31, 2024 or \$695 after August 31, 2024**

### ONLINE

- \_\_\_\_\_ Cardiology, September 7, 2024
- \_\_\_\_\_ Behavioral Health, September 14, 2024
- \_\_\_\_\_ Pediatrics, October 5, 2024
- \_\_\_\_\_ Internal Medicine, October 26, 2024
- \_\_\_\_\_ Musculoskeletal Conditions, December 7, 2024

## PENNSYLVANIA LICENSE PACKAGE REGISTRATION ONLY:

**Series Price: \$495 before August 31, 2024 or \$595 after August 31, 2024**

### ONLINE

- \_\_\_\_\_ Cardiology, September 7, 2024
- \_\_\_\_\_ Behavioral Health, September 14, 2024
- \_\_\_\_\_ Pediatrics, October 5, 2024
- \_\_\_\_\_ Internal Medicine, October 26, 2024

## INDIVIDUAL EVENT REGISTRATION:

**Individual Price: All \$149.**

### ONLINE

- \_\_\_\_\_ Cardiology, September 7, 2024
- \_\_\_\_\_ Behavioral Health, September 14, 2024
- \_\_\_\_\_ Pediatrics, October 5, 2024
- \_\_\_\_\_ Internal Medicine, October 26, 2024
- \_\_\_\_\_ Musculoskeletal Conditions, December 7, 2024

NAME \_\_\_\_\_

DEGREE \_\_\_\_\_ AOA NUMBER \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

**For more information, please contact the CME Department at 856-272-2617 or by email at: [cme@rowan.edu](mailto:cme@rowan.edu)**



ROWAN-VIRTUA

School of  
Osteopathic Medicine

Rowan-Virtua School of Osteopathic Medicine

Continuing Medical Education

Rowan Medicine Building,

Suite 1200, Room 1208

42 E. Laurel Road,

Stratford, NJ 08084