Dear Rowan Faculty, Staff, Residents and Students;

The ongoing, anti-Semitic harassment and violence occurring in the country is reprehensible. We offer our thoughts and prayers to everyone impacted. For students, faculty, residents and staff sharing these identities, SOM stands in solidarity with you. We are mindful of national and global events. We care. We listen and we remain diligent to keep our SOM community safe.

Please continue to look out for one another and report concerns to Campus Safety. Campus Safety can be reached at 856-256-4911 (emergency) or 856-256-4922 (non-emergency). If feeling unsafe, any student, employee, or visitor can request a walking escort service with Campus Safety.

Complaints of discrimination and/or harassment can be brought to Dean Kathryn Lambert, Dean Micciche, or Yvonne Ortiz to discuss. However, all incidents must be reported on Rowan University’s Division of DEI website at this link. The reporting area is designated by a red button at the bottom.

Below are a few educational resources.

- Anti-Semitic attacks are being reported in US cities as tensions flare over the Israeli-Palestinian conflict
- Anti-Defamation League's Tracker of Anti-Semitic Incidents
- Anti-Semitism: How the history's oldest hatred still hold sway today
- A Proclamation on Jewish Heritage Month

Racial and ethnic battle fatigue can impact how we care for ourselves and perform. The following are resources to exercise self-care.

- Employees: Counseling Assistance Program 609-292-8543
- Students: Student Mental Health Services are offered through the Department of Psychiatry 856-482-9000 or The Student Wellness Program 856-770-5750
- Access services online at WellConnectForYou.com (School Code: RUSOM) or call 866-640-4777
- Health & Wellness Resources for Student Doctors
- Seeking Mental Health Services as a Medical Student
- SOM Wellness Website
- How to Help Medical Students Keep Tabs on Their Mental Health
- 15 Steps to Navigate Crises and Physician Well-being
- Stress and Trauma Toolkit for Treating Jewish Americans in a Changing Social and Political Environment
- Institute for Muslim Mental Health
- Stress and Trauma Toolkit for Treating Muslims in a Changing Social and Political Environment
- Asian American/Pacific Islander Communities and Mental Health
- Therapy for Black Girls
- Supporting Black Men’s Mental Health
- Therapy for Latinx
- The Association of LGBTQ+ Psychiatrists
- The National Center for Transgender Equality

Stay safe and take good care.

Thomas A. Cavalieri, DO, MACOI, FACP
Dean, Rowan University School of Osteopathic Medicine