

Travel restrictions and quarantine period change

December 22, 2020

Dear Employees:

New Jersey has revised its COVID-19 Travel Advisory and the length of time a person must quarantine.

The State is strongly discouraging all non-essential interstate travel at this time. The advisory indicates that individuals traveling to or returning to New Jersey from any U.S. state or territory beyond the immediate region (New York, Connecticut, Pennsylvania, and Delaware) should self-quarantine at their home, hotel, or other temporary lodging following recommendations from the Centers for Disease Control and Prevention (CDC): <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>. The revised advisory adjusts the applicable quarantine protocols, including shortening the recommend quarantine period to 10 days, as more fully explained below. Please also note that **there will no longer be a list of designated states that will change each week.**

Travel Exceptions

When an employee returns from interstate travel, Rowan will evaluate the employee for potential exclusion from the workplace. Under the advisory, employees are not subject to quarantine if they:

- Traveled to a state in the immediate region, including New York, Connecticut, Pennsylvania, and Delaware
- Engaged in essential travel, such as travel to another state to secure medical treatment or travel to comply with a court order
- Traveled to another state for less than 24 hours
- Qualify for an exemption as outlined in the Department of Health's [Current Restrictions on Travel](#) FAQs.

If an employee does not meet any of the above exemptions, they are not be permitted to return to the workplace until the 10-day recommended quarantine period has expired.

Quarantine/Isolation Period

If an employee tests positive for COVID-19 following travel, that employee should remain out of the workplace for 10 days from the date of return to New Jersey if they do not develop symptoms. Symptomatic employees should remain out of the workplace for 10 days after symptom onset if they remain fever-free for at least 24 hours, without the use of fever-reducing medications, and with improvement of other symptoms.

Employees will be required to use sick or vacation time, in accordance with state regulations if you are unable to work remotely during the 10 day period.* Employees who either suspect that they are positive for COVID or have been tested positive should notify the Wellness Center.

As a result, we are asking that you do not schedule personal travel to any impacted states unless such travel is unavoidable due to emergent personal or extraordinary circumstances, such as an immediate family member's death or sudden illness or similar emergency and you have received approval of your Divisional Senior Vice President or the Provost for the travel and subsequent period of quarantine.

Notification Requirements:

Please notify Rowan at mytravelplans@rowan.edu of your international and domestic personal travel plans and please observe any periods of self-isolation imposed by the State or local health department.

If you do not obtain advance approval in accordance with this policy, you will be subject to disciplinary action for taking unapproved leave or for failure to follow the Professional Responsibility Statement. Rowan reserves the right to deny requests relating to personal travel if anticipated quarantine periods disrupt orderly University operations.

International Travel:

If you choose to engage in international personal travel, you should [enroll in the DOS Smart Traveler's Enrollment Program \(STEP\)](#) (or similar programs offered by other governments for their citizens/nationals) and closely monitor local travel advisories.

*Please note: Employees who are covered by Civil Service and cannot be accommodated for remote work will be temporarily reassigned to duties that will limit direct contact with students, faculty and staff in lieu of accumulated leave.